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# Therapeutic efficacy of *Patha* (*Cissampelos pareira* Linn.) - A Review through classical texts of Ayurveda

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## ABSTRACT

*Patha*, botanically known as *Cissampelos pareira* Linn. (Family: Menispermaceae) is a perennial climbing herb/shrub profoundly used for treating different disease conditions since Vedic periods. The plant is highlighted for its use as a single drug in the treatment of disease conditions like *Jwara* (Fever), *Kasa* (Cough), *Shwasa* (Bronchitis), etc. The plant is also used as an ingredient of many compound formulations in classical texts of Ayurveda. In the present review, compound formulations of *Patha* are compiled from 9 different compendia and presented in a systematic manner. 342 compound formulations found in which *Patha* is one of the ingredients. Maximum number of formulations are found in Ashtang Samgraha (87) followed by Charaka Samhita (80) and the plant is being used in 18 different dosage forms and among these, *Kwatha* (113), *Churna* (88), *Ghrita* (45) are found in maximum numbers. Majority of the formulations are used internally (298) for the treatment of disease conditions like *Atisara* (Diarrhoea), *Arsha* (Haemorrhoids), *Prameha* (Urinary disorders), *Jwara* (Fever), *Grahani* (Malabsorption syndrome)etc.

**Key words:** *Atisara*, Formulations, *Jwara*, *Patha*, *Cissampelos pareira*.

## INTRODUCTION

Classical texts of Ayurveda prescribed the use of drugs derived from plant, animal, and mineral sources in various pathological manifestations.<sup>[1]</sup> Among these, formulations of herbal origin have gained great importance and rising global attention recently.<sup>[2]</sup> *Patha*, botanically known as *Cissampelos pareira* Linn. of family menispermaceae is an extensively used medicinal herb in ancient literature. Roots of this plant are prescribed in various ailments and leaves are used in vegetables. Traditionally, the plant is used to

cure gastrointestinal complaints such as diarrhoea, dysentery, ulcers, colic, intestinal worms and also urogenital problems such as menstrual problems, venereal diseases, infertility, uterine bleeding, and threatening miscarriage.<sup>[3]</sup>

In *Vedic* texts the plant is attributed with activities like, *Viryavathi*, *Vishaghni*, *Rakshoghni*, *Medya*, *Kanya*, *Rasayana* and *Garbhastapana*.<sup>[4]</sup> *Patha* is included under *Jwarahara Mahakashya* and *Stanyashodhana Mahakashya* in Charak Samhita<sup>[5]</sup> and *Mustadi*, *Aragvadhadi*, *Pippalyadi*, *Bruhatyadi* and *Patoladi Gana* in Sushruta Samhita.<sup>[6]</sup> Acharya Charaka has mentioned about *Pathadwaya*, but did not mentioned detailed description of the two varieties.

*Patha* is twining erect climber with peltate leaves, usually found over hedges of gardens. It is found in tropical and subtropical parts of India-Himachal Pradesh, Chota Nagpur, Bihar, West Bengal, Punjab, Rajasthan, particularly in the east of Aravalli, hilly forests of Marathwada, Konkan, Deccan and Tamilnadu.<sup>[7]</sup>

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Though the drug is used extensively in different compound formulations, recent literature review shows that, formulations of *Patha* are not compiled systematically and presented in a single place. Hence in the present study, an attempt has been made to compile the formulations of *Patha* from different classical texts of Ayurveda and present them systematically.

## MATERIAL AND METHODS

Compound formulations of *Patha* from Charaka Samhita (C.S.),<sup>[8]</sup> Sushruta Samhita(Su.S),<sup>[9]</sup> Ashtanga Sangraha (A.S.),<sup>[10]</sup> Ashtanga Hrudya(A.H.),<sup>[11]</sup> Kashyapa Samhita (K.S.),<sup>[12]</sup> Sharangadhara Samhita (Sh.S.),<sup>[13]</sup> Bhavaprakash Samhita(BP.S.),<sup>[14]</sup> Bhela Samhita (Bh.S.)<sup>[15]</sup> and Harita Samhita (H.S.)<sup>[16]</sup>were compiled and critically analyzed. The obtained data are presented systematically according to various dosage forms, mode of administration, indications etc.

## RESULTS AND DISCUSSION

Analysis of compiled data from 9 different Samhitas show, 342 formulations of containing *Patha* as one of the ingredients. (Table 2) Among them, 298 formulations were used internally, 40 formulations were used externally and 5 formulations were used both internally and externally. Maximum number of formulations were found in Astanga Sangraha (87) followed by Charaka Samhita (80) and Astanga Hridaya (77). (Table 1)

**Table 1: Total number of formulations found in classical texts**

SN	Samhitas	Number of formulations found
1.	Charaka Samhita	80
2.	Sushruta Samhita	54
3.	Ashtanga Samgraha	87
4.	Ashtanga Hridaya	77
5.	Kashyapa Samhita	31
6.	Bhela Samhita	12

7.	Harita Samhita	19
8.	Sharangdhara Samhita	21
9.	Bhavaprakasha Samhita	54

*Hingvadi Churna, Patoladi Kwatha, Mahatikta Ghruta, Mahapanchagavya Ghruta, Sunishankachangeri Ghruta, Vyoshadi Ghruta* are repeatedly found formulations in these referred texts. (Table 2)

**Table 2: Formulations of *Patha* from classical texts with their indications and mode of administration**

SN	Yoga	Mode	Indications	Ref.
<b>Kwatha</b>				
1.	<i>Avartadi Kwatha</i> ( <i>Aavarta, Shalmali, Malayu, Sudha, Vari, Bhadrodumbar, Avalguja, Patha, Haridradwe, Danti, Chitraka</i> )	Int.	<i>Pundrika kustha</i>	Bh.S.
2.	<i>Abhayadi Kwatha</i>	Int.	<i>Tridoshaja jwara</i>	Sh. M.
3.	<i>Aragwadhadi Kashaya</i> ( <i>Aragwadha, Vacha, Nimba, Patola, Usheera, Vatsaka, Sharengasta, Ativisha, Murva,, Triphala, Duralabha, Bhadramusta, Bala, Patha, Madhuka, Bhadrarohini</i> )	Int.	<i>Tridoshaja jwara</i>	K.S.,
4.	<i>Ashwatthadi Kwatha</i> ( <i>Ashwattha, Patha, Asana, Vetasa</i> )	Int.	<i>Paittika prameha</i>	BP.S.
5.	<i>Bhadradi Asthapana Basti</i>	Int.	<i>Kamla, Pandu</i>	Su.S
6.	<i>Bilwadi Kwatha</i> ( <i>Bilwamoola-Phala, Patha, Trikatu, Bruhatidwaya</i> )	Int.	<i>Bala Jwara</i>	H.S.
7.	<i>Brahmiyadi Kwatha</i> ( <i>Brahmi, Patha, Patola, Pathya, Parpata, Rajavruksha, Katuka, Shambuka</i> )	Int.	<i>Sannipata Jwara</i>	BP.S.

8.	<i>Bruhad Guduchyadi Kwatha</i>	Int.	<i>Jwara Atisara, Hrullasa, Aruchi, Trushana, Daha</i>	BP.S.	20.	<i>Guduchyadi Kwatha</i>	Int.	<i>Jwaratisara</i>	Sh. S.
9.	<i>Bruhanmanjisthadi Kwatha</i>	Int.	<i>Sarva Kustha</i>	Sh.S.,B P.S.	21.	<i>Hriberadi Kwatha</i>	Int.	<i>Chiratisara</i>	Sh. S.
10.	<i>Bruhat pippalyadi Kwatha</i>	Int.	<i>Vata-Kaphaja Jwara</i>	BP.S.	22.	<i>Indrayavadi Kwatha (Indrayava, Musta, Priyangu, Sharengestha, Patha, Lodhra, Guduchi, Murva)</i>	Int.	<i>Charmadala</i>	K.S.
11.	<i>Bruhatyadi Kwatha (Bruhati, Dhavani, Patha, Yashti, Kalinga)</i>	Int.	<i>Tridoshaja Mutra kruchha</i>	BP.S.	23.	<i>Katphaladi Pachana Kwatha</i>	Int.	<i>Pittaja jwara</i>	Sh.S.
12.	<i>Chitrakadi Kashaya (Chitraka, Aragwadha, Murva, Vidanga, Amalak, Abhaya, Pippali, Sariva, Patha)</i>	Int.	<i>Shotha</i>	K.S.	24.	<i>Katukadi Kwatha (Katuki, Ativisha, Patha, Daruharidra, Musta, Kalinga)</i>	Int.	<i>Kanthaloga</i>	C.S.
13.	<i>Chitrakadi Kwatha (Chitraka, Vacha, Patha, Katuki, Kutaja, Yavani, Bharangi, Devadaru, Sarala, Vruschikali, Pippali, Maricha)</i>	Int.	<i>Vataja stanya dushti</i>	A.H.	25.	<i>Katukadi Kwatha (Katuki, Ativisha, Patha, Nimba, Rasna, Vacha)</i>	Ext.	<i>Talugata roga</i>	A.H., BP.S.
14.	<i>Dashamooladi Asthapana Basti</i>	Int.	<i>Pandu, Atopa</i>	Su.S	26.	<i>Kavala (Vacha, Tejovati, Patha, Svarjikakshara, Yavakshara)</i>	Ext.	<i>Mukha roga</i>	Su.S
15.	<i>Devadarvyadi Kwatha (Devadaru, Patha, Shunthi, Pushkarmoola)</i>	Int.	<i>Shotha</i>	K.S.	27.	<i>Khada Yoga (Jambu, Nagar, Dhanyaka, Patha, Mocharasa, Bala)</i>	Int.	<i>Kaphaja Atisara</i>	C.S.
16.	<i>Drakshadhyastadasagna Kwatha</i>	Int.	<i>Jirna-jwara, Aruchi, Shvasa, Kasa</i>	BP.S.	28.	<i>Koshataki Niruha Basti</i>	Int.	<i>Kapha roga</i>	C.S., A.S., A.H.
17.	<i>Dwipanchamuladi Basti</i>	Int.	<i>Kaphaja roga</i>	C.S.	29.	<i>Krimishrvadi Kwatha (Vidanga, Vacha, Bilva, Patha, Dhanyak, Kataphala)</i>	Int.	<i>Dwidoshaja Atisara</i>	BP.S.
18.	<i>Eladi Kwatha (Ela, Maduka, Yashtimadhu, Bala, Parushak, Triphala, Sariva, Patha, Manjishta, Aragwadha)</i>	Int.	<i>Sannipata jwara</i>	K.S.	30.	<i>Kushadhyaa Kwatha (Kusha, Kasha, Sharo, Guntha, Itkata, Morata, Pashanbheda, Darbha, Vidari, Varahi, Shalimoola, Trikantaka, Bhalluka, Patali, Patha, Pattura, Kurantaka, Punarnava, Shirisha)</i>	Int.	<i>Ashmari, Mutraghata</i>	Su.S.,A .H., BP.S.
19.	<i>Gomutra Basti</i>	Ext.	<i>Kaphaja roga</i>	A.S. A.H.	31.	<i>Kutajadi Kwatha (Kutaja, Ativisha, Musta, Balaka, Lodhra, Chandana,</i>	Int.	<i>Rakta-Atisara</i>	BP.S.

	<i>Dhataki, Dadima, Patha, Madhu)</i>			
32.	<i>Kutajashtak Kwatha</i>	Int.	<i>Sarvatisara</i>	Sh. S.
33.	<i>Kwatha (Amruta, Chitraka, Kushta, Kutaja, Patha, Katurohini)</i>	Int.	<i>Majja meha</i>	A.S.
34.	<i>Kwatha (Bharangi, Vacha, Ativisha, Suradaru, Patha, Mustadi, Murva, Katurohini)</i>	Int.	<i>Stanya dushti</i>	Su.S
35.	<i>Kwatha (Haridra, Ativisha, Patha, Indrayava, Rasanjana)</i>	Int.	<i>Pitta pachana</i>	Su.S
36.	<i>Kwatha (Haritaki, Katphala, Musta, Lodhra, Patha, Vidanga, Arjuna, Dhanvan, Haridradwaya, Tagar, Vidanga, Kadamba, Shala, Arjuna, Dipyaka)</i>	Int.	<i>Kaphaja Prameha</i>	C.S.
37.	<i>Kwatha (Katuki, Indrayava, Patha, Pippalimoola, Vacha, Abhaya, Nagara)</i>	Int.	<i>Grahani</i>	A.S.
38.	<i>Kwatha (Kushta, Ativisha, Patha, Chavya, Katuki)</i>	Int.	<i>Kaphaja Atisara</i>	C.S.
39.	<i>Kwatha (Kushta, Kutaja, Patha, Hingu, Katurohini, Guduchi, Chitraka)</i>	Int.	<i>Sarpi meha</i>	Su.S
40.	<i>Kwatha (Musta, Tejovati, Patha, Kataphala, Katuka, Vacha, Sarsapa, Pippalimoola, Pippali, Saindhva, Agni, Tutha, Karanja, Lavan, Bhadradaru)</i>	Int.	<i>Pratisyaya</i>	Su.S
41.	<i>Kwatha (Palasha, Chitraka, Chavya, Matulunga, Haritaki, Pippali, Pippalimoola, Patha, Nagara,</i>	Int.	<i>Kaphaja Grahani</i>	C.S.

	<i>Dhanyaka)</i>			
42.	<i>Kwatha (Patha, Agnimantha, Chavika, Triphala)</i>	Int.	<i>Kaphaja Prameha</i>	A.S.
43.	<i>Kwatha (Patha, Aguru, Haridra)</i>	Int.	<i>Lavan meha</i>	Su.S
44.	<i>Kwatha (Patha, Guduchi, Bhunimba, Katuki)</i>	Int.	<i>Pitta pachana, Atisara</i>	Su.S, A.S.
45.	<i>Kwatha (Patha, Jognaka)</i>	Int.	<i>Shita meha</i>	A.S.
46.	<i>Kwatha (Patha, Murva, Devadaru, Saral, Suramanda, Lavana)</i>	Int.	<i>Shvasa</i>	A.S., A.H.
47.	<i>Kwatha (Patha, Tejovati, Pippali, Musta, Kutaja)</i>	Int.	<i>Atisara</i>	Su.S, A.S.
48.	<i>Kwatha (Patha, Tryushana, Vrukshaka)</i>	Int.	<i>Granthibhu ta artava</i>	Su.S., A.S., A.H.
49.	<i>Kwatha (Patha, Vacha, Trikatu, Katuki)</i>	Int.	<i>Gulma</i>	Su.S
50.	<i>Kwatha (Tinduka, Kapittha, Shirisha, Palasha, Patha, Murva, Duralabha)</i>	Int.	<i>Hasti meha</i>	Su.S
51.	<i>Kwatha (Triphala, Patha, Mrudvika, Jati, Madhu)</i>	Ext.	<i>Mukhdhavana</i>	C.S.
52.	<i>Kwatha (Varuna, Hinga, Ativisha, Patha, Katuki, Tejovati)</i>	Int.	<i>Mudhagar bha</i>	Su.S
53.	<i>Kwatha (Vidanga, Haritaki, Patha, Shunthi, Musta, Vacha)</i>	Int.	<i>Atisara</i>	Su.S
54.	<i>Kwatha – Kavala (Ativisha, Patha, Vacha, Rasna, Katuki, Nimba)</i>	Ext.	<i>Mukh roga</i>	Su.S
55.	<i>Kwatha (Darvya, Agnimantha, Triphala, Patha)</i>	Int.	<i>Kaphaja Prameha</i>	C.S.
56.	<i>Kwatha (Katuka, Ativisha, Patha, Shakatvaka, Hingu, Tejani)</i>	Int.	<i>Doshapach anartha-garbhavya pat</i>	A.S., A.H.

57.	<i>Kwatha</i> ( <i>Kirata, Musta, Guduchi, Vishvabhesaja, Patha, Ushira, Udichya</i> )	Int.	<i>Jwaraghna, Deepana, Doshapachana</i>	C.S., BP.S.	66.	<i>Nimbadi Kwatha</i> ( <i>Nimba, Patha, Parpata, Patola, Chandanadwaya, Usheera, Katuka, Dhatri, Vasa, Duralabha</i> )	Int.	<i>Pittajanya masurika, Sarva masurika, visarpa</i>	BP.S.
58.	<i>Kwatha</i> ( <i>Patha, Murva, Shwadanstra</i> )	Int.	<i>Kaphaja Prameha</i>	C.S., BP.S.	67.	<i>Nyagrodhadi Kashaya</i> ( <i>Nyagrodha, Udumbar, Ashvattha, Plaksha, Patha, Triphala, Arjuna, Shami, Badar</i> )	Ext.	<i>Vrana dhavanartha</i>	Bh.S.
59.	<i>Laghupanchamooladi Yavagu</i> ( <i>Laghupanchamoola, Panchakola, Hastipippali, Bala, Bilwa, Patha, Hingu, Dhanyaka, Jiraka, Shathi, Gandhapalasha, Hapusha, Yavani, Tintidaka, Dadima, Vida, Saindhva</i> )	Int.	<i>Atisara</i>	A.S.	68.	<i>Pana</i> ( <i>Yavani, Patha, Mahoushadha, Lavana, Guda, Takra</i> )	Int.	<i>Arsha</i>	A.S.
60.	<i>Madri Kwatha</i> ( <i>Ativisha, Patha, Katuki, Kushtha, Musta</i> )	Int.	<i>Kshiralsaka</i>	A.S., A.H.	69.	<i>Panchamooladi Basti</i>	Int.	<i>Kaphaja vikara</i>	C.S.
61.	<i>Mustadi Asthapana Basti</i>	Int.	<i>Meha, Gulma, Shotha</i>	Su.S	70.	<i>Panchamooli Kwatha</i> ( <i>Panchamooli, Bala, Bilva, Guduchi, Musta, Nagar, patha, Bhunimba, Hribera, Kutaja-tvaka-phala</i> )	Int.	<i>Sarvatisara</i>	H.S, BP.S.
62.	<i>Mustadi Kwatha</i> and <i>Kalka</i>	Int./Ext.	<i>Visarpa</i>	K.S.	71.	<i>Patha Kwatha</i>	Int.	<i>Kshar meha</i>	BP.S.
63.	<i>Mustadi kwatha</i> ( <i>Musta, Usheera, Nisha, Vishala, Madhuka, Patha, Bala, Rohini, Nili, Dhanvayasa, Katvara, Shati, Shunthi, Samanga, Trivruta, Yashti, Pippalimoola, Parpata, Pippali, Daru, Shyama, Kanchnara, Guduchi</i> )	Int.	<i>Jwara</i>	H.S.	72.	<i>Patha Kwatha</i> ( <i>Patha, Usheera, Balaka</i> )	Int.	<i>Doshapachana</i>	A.H.
64.	<i>Mustadi Kwatha</i> ( <i>Musta, Aragwadha, Patha, Triphala, Devadaru, Shwadanstra, Khadira, Nimba, Haridra, Twaka, Vatsaka</i> )	Int.	<i>Santarpana tha vyadhi</i>	C.S.	73.	<i>Pathadhyta Kwatha</i> ( <i>Patha, Amruta, Parpata, Musta, Vishva, Kirata, Indrayava</i> )	Int.	<i>Jwara Atisara</i>	BP.S.
65.	<i>Mustadigana Kwatha</i>	Int.	<i>Pittotara sannipata</i>	K.S.	74.	<i>Pathadi Kashaya</i> ( <i>Patha, Vidanga, Arjuna, Dhanyaka</i> )	Int.	<i>Kaphaja prameha</i>	A.H., BP.S.
					75.	<i>Pathadi khadayusha</i>	Int.	<i>Atisara</i>	C.S., A.S.
					76.	<i>Pathadi Kwatha</i> ( <i>Patha, Agni, Vatsaka, Granthi, Tikta, Shunthi, Vacha, Abhaya</i> )	Int.	<i>Kaphaja Atisara</i>	A.H.
					77.	<i>Pathadi Kwatha</i> ( <i>Patha, Indrayava, Bhunimba, Musta, Amruta, Parpata</i> )	Int.	<i>Aamatisar, Jwaratisara</i>	H.S.
					78.	<i>Pathadi kwatha</i>	Int.	<i>Jwara,</i>	A.S.

	( <i>Patha, Indrayava, Kirata, Musta, Parpata, Amruta, Nagar</i> )		<i>Amatisara</i>	
79.	<i>Pathadi Kwatha</i> ( <i>Patha, Mahoushadha, Devadaru, Murva, Musta, Vatsak, Sariva, Arishta, Katuki, Kirata, Triphala, Vacha, Guduchi, Madhuka, Draksha, Dashamoola</i> )	Int.	<i>Stanya dushti</i>	K.S.
80.	<i>Pathadi Kwatha</i> ( <i>Patha, Musta, Abhaya, Devadaru, Chitraka, Shunthi, Pippali, Ativisha, Murva, Tadapatra</i> )	Int.	<i>Kaphaja Shotha</i>	K.S.
81.	<i>Pathadikwatha</i> ( <i>Patha, Vatsaktwaka, Indrayava, Darvi, Granthika, Shunthi</i> )	Int.	<i>Atisara</i>	A.H.
82.	<i>Pathadi Kwatha</i> ( <i>Patha, Shunthi, Devadaru, Musta, Murva, Guduchi, Indrayava, Kiratatikta, Katurohini, Sariva</i> )	Int.	<i>Kshiravikara</i>	C.S., A.H.
83.	<i>Pathadi Yoga</i> ( <i>Patha, Darvi, Agni, Ativisha, Katuki</i> )	Int.	<i>Kustha</i>	A.H.
84.	<i>Patoladhyaka Kwatha</i> ( <i>Patola, Chandan, Murva, Guduchi, Katuki, Musta, Patha, Yashti</i> )	Int.	<i>Visarpa</i>	K.S.
85.	<i>Patoladhyaka Kwatha</i> ( <i>Patola, Dhanyaka, Musta, Murva, Patha, Nigdihika</i> )	Int.	<i>Sutika</i>	K.S., K.S.
86.	<i>Patoladi Kwatha</i>	Int.	<i>Pittashlesma jwara</i>	Sh. S.
87.	<i>Patoladi Kwatha</i> ( <i>Patoli, Chandan, Tikta, Murva, Patha, Amruta</i> )	Int.	<i>Pitta-kaphaja jwara, Chardi, Daha,</i>	H.S.

88.	<i>Patoladi Kwatha</i> ( <i>Patola, Patha, katuki, Phalatraya, Vatsaka, Nimba, Moksha, Draksha, Amruta, Chandana, Nagar</i> )	Int.	<i>Jirna jwara</i>	H.S.
89.	<i>Patoladi Kwatha</i> ( <i>Patola, Sariva, Musta, Patha, Katuki</i> )	Int.	<i>Satat jwara</i>	C.S., A.S., A.H. BP.S.
90.	<i>Paunarnava Kalpa</i>	Int.	<i>Rasayana</i>	A.H.
91.	<i>Pilu Sukta</i>	Int.	<i>Arsha</i>	A.S., A.H.
92.	<i>Pippalyadi Gana Kwatha</i>	Int.	<i>Gulma, Shoola, Jwara</i>	BP.S.
93.	<i>Pippalyadi Kwatha</i>	Int.	<i>Vatashlesma jwara</i>	Sh. S.
94.	<i>Pippalyadi Kwatha</i>	Int.	<i>Vata Grahani</i>	Sh. S.
95.	<i>Rasnadi Niruha Basti</i>	Int.	<i>Krimi, Kustha</i>	C.S.
96.	<i>Shatyadi Kwatha</i> ( <i>Shati, Pushakrmoola, Vyaghri, Shrungi, Duralabha, Guduchi, Nagar, Patha, Kirata, Katuki</i> )	Int.	<i>Sannipata jwara</i>	C.S.
97.	<i>Shivapalapindi</i>	Int.	<i>Amlapitta, Aruchi, Jwara, Daha, Shosha</i>	BP.S.
98.	<i>Shothaghnyadi Kwatha</i> ( <i>Patha, Punarnava, Indrayava, Ativisha, Musta, Maricha</i> )	Int.	<i>Shotha-Atisara</i>	BP.S.
99.	<i>Shunthyadi Kwatha</i>	Int.	<i>Vataj kustha</i>	H.S.
100.	<i>Shunthyadi Kwatha</i> ( <i>Nagar, Bhadramusta, Guduchi, Amalaka, Patha, Mrunala, Udichya</i> )	Int.	<i>Pitta-kaphaja jwara</i>	H.S.
101.	<i>Shunthyadi Kwatha</i> ( <i>Shunthi, Balaka,</i>	Int.	<i>Jwara, Chardi,</i>	H.S.

	<i>Musta, Bilva, Patha, Visha, Dhanya)</i>		<i>Ama, Atisara, Aruchi</i>	
102.	<i>Sursadi Gana</i>	Int.	<i>Skandapas mara</i>	BP.S.
103.	<i>Tiktadi Kwatha (Tikta, Musta, Indrayava, Patha, Kataphala, Sharkara)</i>	Int.	<i>Paittika jwara</i>	BP.S.
104.	<i>Triphaladhy Kwatha (Triphala, Patha, Mrudvika, Jati)</i>	Ext.	<i>Mukharoga</i>	A.H.
105.	<i>Traivruta Yoga (Abhyanga, Pana, Basti)</i>	Int./ Ext.	<i>Dushaprajata</i>	K.S.
106.	<i>Triphaladi Kwatha (Triphala, Rohini, Nimba, Patola, Trikatu, Patha, Guduchi, Vetagra, Saptaparna, Vatsaka, Kiratatikta, Musta, Vacha)</i>	Int.	<i>Kaphaja Jwara</i>	K.S.
107.	<i>Triphaladi Kwatha (Triphala, Trikatu, Yavakshara, Daruharidra, Chitraka, Rasanjana, Patha, Tejini, Nimba)</i>	Ext.	<i>Kantha roga</i>	A.S., A.H.
108.	<i>Triphaladi Kwatha (Triphala, Aragwadha, Patha, Saptaparna, Vatsaka, Musta, Madanphala, Nimba)</i>	Int.	<i>Mehadi Santarpanotttha vyadhi</i>	C.S.
109.	<i>Vashistha Rasayana</i>	Int.	<i>Kshataja Kasa</i>	A.S.
110.	<i>Vatsakadi Kwatha (Vatsaka, Aragwadha, Patha, Shadgrantha, Katuki)</i>	Int.	<i>Jwarahara</i>	C.S.,A. H.
111.	<i>Vidadi Kwatha (Vida, Patha, Vacha, Pathya, Vidanga, Shunthi)</i>	Int.	<i>Atisara</i>	A.H.
112.	<i>Pippalyadi</i>	Int.	<i>Kaphaja Jwara</i>	BP.S.
113.	<i>Yapan Rajbasti</i>	Ext.	<i>Vatarakta, Moha, Prameha</i>	A.S., A.H.

<b><i>Churna</i></b>				
114.	<i>Abhayadi Churna</i>	Int.	<i>Pitta-kaphaja Grahani</i>	C.S.
115.	<i>Ajayadi Churna</i>	Int.	<i>Kaphaja Atisara</i>	C.S.
116.	<i>Bhunimbadi Churna</i>	Int.	<i>Kustha</i>	A.S.,A .H.
117.	<i>Bruhada gangadhara Churna</i>	Int.	<i>Pravahika</i>	Sh. S., BP.S.
118.	<i>Bruhadagnimukh Churna</i>	Int.	<i>Ajirna, Gulma, Pleeha, Asthila, Vatarakta</i>	BP.S.
119.	<i>Chandanadi Churna</i>	Int.	<i>Apasmara, Unmada, Kamla</i>	H.S.
120.	<i>Chavarnatha (Mrudvika, Patha, Jati, Matulunga, Arjuna, Putrajivaka-Patra)</i>	Ext.	<i>Mukharoga</i>	A.S.
121.	<i>Chitrakadi Churna (Chitraka, Katuki, Patha, Kalinga, Ativisha, Amruta, Devadaru, Vacha, Musta, Nagar, Ativisha, Abhaya)</i>	Int.	<i>Amavata</i>	BP.S.
122.	<i>Churna (Trivruta, Chitraka, Patha, Jiraka, Sarala, Vacha, Swarnakshiri)</i>	Int.	<i>Virechana</i>	A.S., A.H.
123.	<i>Churna (Chitraka, Shinshapa, Patha, Sharengesta, Lavana)</i>	Int.	<i>Atisara</i>	Su.S
124.	<i>Churna (Darvi, Kalinga, Katuka, Ativisha, Agni, Patha)</i>	Int.	<i>Gudaj roga, Udar roga</i>	A.S.
125.	<i>Churna (Dusparsha-Patha/Bilva-Patha/Yavani-Patha/Nagar-Patha)</i>	Int.	<i>Arsha vedana</i>	C.S., A.H.
126.	<i>Churna (Guda, Nagar, Patha, Phalamila)</i>	Int.	<i>Arsha with Vibandha</i>	C.S.,A .H.
127.	<i>Churna (Hapusha,</i>	Int.	<i>Arsha</i>	C.S.,A

	<i>Patha, Sauvarchala)</i>			.H.
128.	<i>Churna (Kataphala, Nagar, Patha, Jambvasthi, Aamrasthi, Duralabha)</i>	Int.	<i>Pitta Atisara</i>	C.S.
129.	<i>Churna (Laghupanchamoola, Bala, Bilva, Patha, Nagar, Dhanyaka, Shati, Palasha, Hapusha, Vacha, Jeeraka, Pippali, Yavani, Pippalimoola, Chitraka, Hastipippali, Vrukshamla, Dadimamla, Hingu, Bida, Saindhva )</i>	Int.	<i>Vata-kaphaja vikar, Deepana, Pachana</i>	C.S.
130.	<i>Churna (Laksha, Musta, Ativisha, Patha)</i>	Int.	<i>Kshata-kshayaja kasa, Bhinna vitaka</i>	A.S., A.H.
131.	<i>Churna (Manjishta, Haridra, Sauviranjana, Chitraka, Patha, Murva, Upakulya)</i>	Int.	<i>Kasa</i>	Su.S
132.	<i>Churna (Murva, Chitraka, Patha, Shunthi, Maricha, Pippali, Gajapippali)</i>	Int.	<i>Atisara</i>	Su.S
133.	<i>Churna (Patha, Ajmoda, Kutaja, Utpala, Shunthi, Pippali)</i>	Int.	<i>Pravahika</i>	Su.S
134.	<i>Churna (Patha, Chitraka, Kakajangha, Kantakari, Bruhati, Anantamoola, Kataphala, Saptaparna, Aragwadha, Kutajamoola)</i>	Int.	<i>Prameha pidika</i>	Su.S, A.S., A.H.
135.	<i>Churna (Patha, Indrayava, Haritaki, Shunthi)</i>	Int.	<i>Atisara</i>	Su.S
136.	<i>Churna (Patha, Ketakasuchi, Nimbaphala, Pippali, Vidanga, Haritaki,</i>	Int.	<i>Mukhamandika</i>	A.S.
	<i>Vacha, Choraka)</i>			
137.	<i>Churna (Patha, Musta, Haridra, Daruharidra, Pippali, Kutaja)</i>	Int.	<i>Pittaja Atisara</i>	Su.S
138.	<i>Churna (Patha, Shunthi, Murva, Gavakshi, Pippali, Musta, Hingu, Saindhava)</i>	Int.	<i>Kaphaja Kasa</i>	A.S.
139.	<i>Churna (Patha, Vatsaka, Rasajan, Nagar, Yavani, Bilva)</i>	Int.	<i>Arsha with Shoola</i>	C.S., A.S., A.H.
140.	<i>Churna (Swadukantaka, Aragwadha, Darvi, Marubaka, Patha, Karanja, Kulaka)</i>	Int.	<i>Urustambha</i>	A.S.
141.	<i>Churna (Trivruta, Chitraka, Patha, Ajaji, Sarala, Vacha, Swarnakshiri)</i>	Int.	<i>Virechana yoga</i>	C.S.
142.	<i>Churna (Vidanga, Patha, Kataabhi)</i>	Int.	<i>Jangam Visha</i>	Su.S
143.	<i>Churna (Yavani, Nagar, Patha, Dadima, Guda, Takra, Lavana)</i>	Int.	<i>Arsha with Vibandha</i>	C.S., A.H.
144.	<i>Churna –pratisarana (Maricha, Ativisha, Patha, Vacha, Kushtha, Aralu, Saindhava)</i>	Ext.	<i>Mukha roga</i>	Su.S
145.	<i>Churna (Ativisha, Patha, Musta, Surdaru, Katuki, Kutaja)</i>	Int.	<i>Kaphaja roga-mukhroga</i>	Su.S, BP .S.
146.	<i>Churna (Chitraka, Devadaru, Kushtha, Patha, Tiktarahini)</i>	Int.	<i>Urustambha</i>	A.S.
147.	<i>Churna (Musta, Ativisha, Patha, Vatsaka)</i>	Int.	<i>Atisara</i>	C.S.
148.	<i>Devadarvyadi Churna (Devadaru, Patha, Ativisha, Danti, Indrayava, Katuka, Gomutra)</i>	Ext.	<i>Kaphaja mukharoga</i>	A.S.
149.	<i>Dhuma (Vidanga,</i>	Ext.	<i>Kaphaja</i>	Su.S

	<i>Patha, Apamarga, Ingudi, Usheera)</i>		<i>timira</i>				
150.	<i>Duralabhadhi kshara</i>	Int.	<i>Grahani</i>	C.S.			
151.	<i>Gangadhara Churna</i>	Int.	<i>Pakwa-Atisara</i>	BP.S.			
152.	<i>Hingvadi Churna (Hingu, Sauvarchala, Yavakshara, Indrayava, Pippali, Murva, Patha, Shunthi)</i>	Int.	<i>Arsha</i>	A.S.			
153.	<i>Hingvadi Churna</i>	Int.	<i>Vatavyadhi</i>	Su.S, BP. S.			
154.	<i>Hingvadimaha Kshara</i>	Int.	<i>Arsha</i>	A.S.			
155.	<i>Kalaka Churna</i>	Ext.	<i>Dantasya galaroga</i>	C.S.			
156.	<i>Krushnadi Churna (Krushna, Patha, Gajapippali, Kantakari, Chitraka, Nagar, Pippalimoola, Haridra, Ajaji, Musta)</i>	Int.	<i>Tridoshaja Shotha</i>	C.S.			
157.	<i>Kusthadi Churna (Kushta, Haridra, Daruharidra, Patha, Guduchi, Triphala, Musta)</i>	Int.	<i>Prameha</i>	H.S.			
158.	<i>Kutajadi Churna (Kutaja, Patha, Vishva, Bilwa, Dhataki)</i>	Int.	<i>Raktatisara</i>	H.S.			
159.	<i>Lakshadi Churna</i>	Int.	<i>Kustha</i>	A.S.,A.H.			
160.	<i>Lavan trityadya Churna</i>	Int.	<i>Yakrutaplee hadi</i>	Sh. S.			
161.	<i>Marichyadi Churna-pratisaran (Maricha, Ativisha, Patha, Vacha, Kushtha, Kutnata)</i>	Ext.	<i>Talugata roga</i>	A.H.			
162.	<i>Mrudvikadi churna (Mrudvika, katuka, Vyosha, Darvi, Tvaka, Triphala, Musta, Patha, Rasanjana, Durva)</i>	Int.	<i>Tridoshaja galaroga</i>	BP.S.			
163.	<i>Mustadi churna</i>	Int.	<i>Prameha</i>	A.S.			
164.	<i>Mustadi churna(Musta, Hingu,</i>	Int.	<i>Aamanasha k</i>	Bh.S.			
	<i>Trikatu, Patha, Haritaki, Vatsak, Ativisha, Chitraka)</i>						
165.	<i>Nagaradhyam churna</i>	Int.	<i>Pittaja Grahani</i>	C.S., A.S., A.H.			
166.	<i>Narachak churna</i>	Int.	<i>Udavarta</i>	K.S.			
167.	<i>Panchamakshar</i>	Int.	<i>Arsha , Grahani, etc.</i>	C.S.			
168.	<i>Pathadi churna</i>	Int.	<i>Sarva Kasa</i>	A.S.			
169.	<i>Pathadi churna (Patha, Bilva, Yavani )</i>	Int.	<i>Atisara</i>	C.S.			
170.	<i>Pathadi churna (Patha, Duralabha, Shrungvera)</i>	Int.	<i>Atisara</i>	A.S.			
171.	<i>Pathadi churna (Patha, Mochrasa, Ambhoja, Dhataki, Bilva, Nagar)</i>	Int.	<i>Atisara</i>	A.H.			
172.	<i>Pathadi churna (Patha, Rasajan, Murva, Tejohva)</i>	Int.	<i>Galaroga</i>	C.S.			
173.	<i>Pathadi Churna (Patha, Vacha, Trikatu, Kushta, Katuki)</i>	Int.	<i>Shleshma Atisara</i>	Bh.S.			
174.	<i>Pathadi Churna (Patha, Hingu, Ajmoda, Panchakola, Saindhava)</i>	Int.	<i>Aamatisara</i>	BP. S.			
175.	<i>Pathadi Churna (Patha, Nikumbha, Haridra, Trikatu, Triphala, Chitraka, Saindhava, Indrayava)</i>	Int.	<i>Gulma</i>	Su.S			
176.	<i>Pathadi Churna (Patha, vacha, Yavakshara, Abhaya, Amlavetasa, Duralabha, Chitraka, trayushana, lavanatraya, Shathi, Pushkarmoola, Tintidika, Dadima, Matulunga)</i>	Int.	<i>Arsha, Shoola, Hrudaroga</i>	Bh.S.			
177.	<i>Pathadi Churna - Pratisaran (Patha,</i>	Ext.	<i>Kaphaja Aostha roga</i>	A.S., A.H.			

	Kshara, Madhu, Vyosha)						
178.	Pathadi Kalka Churna	Ext.	Mukharoga	A.H.			
179.	Pathadi Manjana	Ext.	Mukharoga	A.H.			
180.	Pippalyadi Churna	Int.	Agnimandhy a	C.S.			
181.	Pippalyadi Churna	Ext.	Mukha roga	C.S.			
182.	Pippalyadi Churna (Pippali, Nagara, Patha, Sariva, Bruhatidwaya, Chitraka, Kutaja, Kshara, Panchalavana)	Int.	Kosthavata	A.H.			
183.	Pippalimuladhy a Kshara	Int.	Vata – kaphaja Vikar	C.S.			
184.	Pusyanuga Churna	Int.	Yonidosha	C.S., A.H.			
185.	Saindhavadi Churna (Saindhava, Shunthi, Maricha, Pippali, Sharengesta, Patha, Girikadamba)	Int.	Shosha, Sukhandi	A.S., A.H.			
186.	Sarsvata Churna	Int.	Unmada	BP. S.			
187.	Shadadharan Yoga	Int.	Amasayagat vata	Su.S,B P. S.			
188.	Sharengastadi Churna	Int.	Urustambha	C.S.			
189.	Swarnakshiryadi Churna (Swarnakshiri, Ativisha, Musta, Tejovati, Vacha, Surahva, Chitraka, Kushtha, Patha, Katuki)	Int.	Urustambha	C.S.			
190.	Tejohvadi Churna	Ext.	Danta raktastrava-kandu-Ruja	C.S.			
191.	Tejovatyadhya Churna-Pratisaran (Tejovati, Vyosha, Haridra, Daruharidra, Kushtha, Patha, katuki, Lohhra, Samanga, Musta)	Ext.	Shitada	A.S.			
192.	Triphaladi Churna (Triphala, Patha, Bruhati,	Int.	Kaphaja Shvasa	A.S.			
193.	<i>Mulakakshara)</i>						
194.	Tryushanadi Churna (Tryushna, Pippalimoola, Patha, Hingu, Chitraka, Sauvarchala, Pushkara, Ajaji, Bilva, Vida, Yavani, Hapusha, Vidanga, Saindhva, Vacha, Tintidaka)		Ext.	Arsha, Grahani, etc.	C.S.		
195.	Vachadhyha Churna-Pratisaran(Vacha, Tejovati, Patha, Swarjika, Yavakshara)		Int.	Adhimansa	A.H., BP. S.		
196.	Vachadi Churna		Int.	Grahanidosh a	C.S.		
197.	Vatsakadi Churna (Vatsak, Dadima, Patha, Bilwa, Bala, Jambu, Amra)		Int.	Vataj Atisara Garbhini	H.S.		
198.	Vijaya Churna		Int.	Arsha	BP. S.		
199.	Virechana Yoga		Int.	Sodhanarth	Sh. S.		
200.	Vrukshamladhy a Churna (Vrukshamla, Agni, Changeri, Bilva, Patha, Yavakshara)		Int.	Gudabhrans a	BP. S.		
201.	Vyoshadhy Saktu		Int.	Prameha, Mudhavata, Kustha etc.	C.S., B P. S.		
202.	Yavanyadi Churna		Int.	Gulma	A.S.		
<b>Swaras</b>							
203.	Lodhradi Putapaka		Int.	Udara	Su.S		
204.	Svarasa (Devadaru, Musta, Patha, Saindhava)		Int.	Stanya dushti	C.S.		
205.	Svarasa (Dhamargav, Nalada, Talishpatra, Shatpushpa, Kushtha, Murva, Patha)		Int.	Vamanarth a	Bh.S.		
206.	<i>Kalka</i>		Int.	Raktatisara	H.S.		
205.	Kalka (Musta, Shunthi, Patha)		Int.	Stanya dushti	C.S.		
206.	Kalingadi Kalka (Patha, Kalinga, Ativisha, Bala,		Int.				

	<i>Udichya, Musta, Maricha, Shunthi)</i>			
207.	<i>Kalka (Shyama, Langali, Patha)</i>	Ext.	<i>Ajagalika</i>	Su.S
208.	<i>Patha Kalka</i>	Ext.	<i>Shodhana</i>	A.S.
209.	<i>Patha Kalka</i>	Int.	<i>Kukkunaka</i>	A.S.
210.	<i>Pathadi Kalka Churna</i>	Ext.	<i>Mukharoga</i>	A.H.
211.	<i>Pathadi Kalka (Patha, Chandana, Indrayava, Ativisha)</i>	Int.	<i>Aamatisara</i>	K.S.
212.	<i>Pathadikalka (Patha, Bilwa, Shilajatu, Vatsak, Shalmali)</i>	Int.	<i>Balanam Atisara</i>	H.S.
213.	<i>Pathadi Kalka (Patha, Daruharidra, Pippalimoola, Vatsakphala-tvak, Shrungvera)</i>	Int.	<i>Pittatisara</i>	Bh.S.
214.	<i>Pathadhyalvala</i>	Ext.	<i>Atisara</i>	BP. S.
<b>Taila</b>				
215.	<i>Chitrakadi Taila Basti</i>	Int.	<i>Maruta roga, Grudhrasi</i>	Su.S.
216.	<i>Danti Taila (Danti, Patha, Koshataki, Chitraka, Ativisha, Maha, Langalaki)</i>	Ext.	<i>Arunshika</i>	A.S.
217.	<i>Dashmuladi Taila/ Dwipanchmuladhya Taila</i>	Int./ Ext.	<i>Urustambh</i>	Bh.S., BP. S.
218.	<i>Jyotishmati Taila</i>	Ext.	<i>Bhagandar</i>	A.H.
219.	<i>Kanakakshiri Taila</i>	Int.	<i>Mandala kustha</i>	C.S., A.S.
220.	<i>Karanja Taila</i>	Int. & Ext.	<i>Gandamala</i>	A.H.
221.	<i>Kusthadhya Taila (Kushtha, Arka, Tutha, Katphala, Mulakabija, Rohini, katuka, Kutajaphala, Utapala, Musta, Bruhati, karvira, kasisa, Edagaja, Nimba, Patha, Duralabha, Chitraka, Vidanga, Tiktalabu, Kampilaka, Sarspa, Vacha, Darvi)</i>	Int.	<i>Kustha</i>	C.S.

222.	<i>Pathadi Taila</i>	Int.	<i>Pinasa</i>	C.S., Sh. S.
223.	<i>Pathadi taila -Basti</i>	Int.	<i>Kaphaja vyadhi</i>	Su.S
224.	<i>Piluparnyadi Taila</i>	Int.	<i>Urustambha</i>	C.S.
225.	<i>Saindhavadi Taila</i>	Ext.	<i>Shodhana-ropana</i>	A.S.
226.	<i>Shirisha Taila</i>	Int.	<i>Apasmara</i>	A.S.
227.	<i>Vidangadi Taila (Vidanga, Patha, Bharangi, Triphala)</i>	Ext.	<i>Arbuda</i>	Su.S
228.	<i>Taila (Vidanga, Patha, Rajani)</i>	Ext.	<i>Granthi</i>	Su.S
229.	<i>Vachadi taila –basti</i>	Int.	<i>Gulma, Anaha</i>	Su.S
230.	<i>Vishyandana Taila</i>	Ext.	<i>Bhagandara</i>	BP. S.
231.	<i>Vishyandana Taila</i>	Ext.	<i>Shodhana-ropana</i>	A.S.
<b>Ghrita</b>				
232.	<i>Agastya Ghrita</i>	Int.	<i>Grahani</i>	A.S.
233.	<i>Amruta Ghrita</i>	Int.	<i>Visha, Apasmara, etc.</i>	C.S.
234.	<i>Aparajita Sneha</i>	Int.	<i>Atisara</i>	A.S., A.H.
235.	<i>Brahmyadi Ghrita</i>	Int.	<i>Rasayana</i>	K.S.Su. 1
236.	<i>Chandanadhyha Ghrita</i>	Int.	<i>Pittaja Grahani</i>	C.S., A.H.
237.	<i>Changeri Ghrita</i>	Int.	<i>Atisara, Grahani</i>	Sh. S.
238.	<i>Chavikadi Ghrita</i>	Int.	<i>Kshayaja kasa</i>	A.S., A.H.
239.	<i>Chavyadi Ghrita</i>	Int.	<i>Pravahika, Gudabhransa</i>	C.S., H.S.
240.	<i>Dadhika Ghrita</i>	Int.	<i>Vataja Gulma</i>	Bh.S.
241.	<i>Dwipanchamuladi Ghrita</i>	Int.	<i>Kshayaja Kasa</i>	C.S., Su.S
242.	<i>Guduchyadi Ghrita</i>	Int.	<i>Gulma, Shvasa, Kshayaja Kasa</i>	C.S.
243.	<i>Ghrita (Patha, Vyosha,</i>	Int.	<i>Kapha</i>	A.S.

	<i>Panchakola)</i>		<i>dushta stanya</i>			<i>asthi- majjagat vata</i>	
244.	<i>Ghrita (Viratarvadi, Gundra, Itakata, Pattura, Varahi, Patha, Patali, Shirisha, Shali, Vidari, Punarnavadvae, Trapusha, Kusumbha, Eravaru, Madhuka, Shilajatu)</i>	Int.	<i>Pitta ashamari</i>	A.S.			
245.	<i>Ghrita (Patha, Maricha, Panchakola, Kshara, Yavani, Kustumbru, Haritaki, Bilwa, Vidanga, Saindhva)</i>	Int.	<i>Arsha</i>	A.S.			
246.	<i>Hriberadi Ghrita</i>	Int.	<i>Arsha</i>	C.S.			
247.	<i>Kasamardadi Ghrita</i>	Int.	<i>Shosha, Jwara,etc.</i>	C.S.,A. S., A.H.			
248.	<i>Katu Sarpi</i>	Int.	<i>Sannipata jwara</i>	K.S.			
249.	<i>Katurohinyadi Ghrita (Katuki, Manjishta, Vrusha, Granthika, Chitraka, Patha, Swagupta, Nishadwaya)</i>	Int.	<i>Visham jwara</i>	A.S.			
250.	<i>Kultthadi Ghrita</i>	Int.	<i>Jwara</i>	A.S.			
251.	<i>Ksharaghrita</i>	Int.	<i>Kasa</i>	A.S., A.H.			
252.	<i>Madhukadighrita(Mad huka, Vyosha, Shadagrantha, Granthika, Lajjalu, Kshirini, Pravala, Patha)</i>	Int.	<i>Shleshma jwara</i>	A.S.			
253.	<i>Mahapanchagavya Ghrita</i>	Int.	<i>Apasmara</i>	C.S., A.S., A.H.			
254.	<i>Mahatikta Ghrita</i>	Int.	<i>Kustha, Raktapitta etc.</i>	C.S., Su.S, A.S., A.H.			
255.	<i>Nagaradhyya Ghrita</i>	Int.	<i>Arsha, Grahani</i>	C.S.			
256.	<i>Nimbadi Ghrita</i>	Int.	<i>Sandhi-</i>	A.H.			
257.	<i>Panchagavya Ghrita</i>	Int.				<i>Apasmara</i>	Su.S.
258.	<i>Panchakoladhy Ghrita (Panchakola, Abhaya, Kshara, Yavani, Bida, Saindhava, Patha, Dhanya, maricha, Bilva, )</i>	Int.				<i>Guda- vankshan- vedana</i>	A.H.
259.	<i>Pathadi Ghrita</i>	Int.				<i>Kaphaja kasa</i>	Su.S
260.	<i>Pathadighrita (Patha, Vidanga, Haridra, Daruharidra, Musta, Bharangi, Punarnava, Bilwa, Tryaushana, Vruschikali)</i>	Int.				<i>Mrudabhak shan janita roga</i>	A.S., A.H.
261.	<i>Pathadighrita (Patha, Ajmoda, Dhanyaka, Shwadanstra, Panchakola, Bilva, Changeri, Dadhi)</i>	Int.				<i>Aanaha, Mutrakruc ha, Pravahika</i>	A.H.
262.	<i>Pathadi Ghrita (Patha, Maricha, Panchakola, Kshara, Yavani, Kustumbaru, Haritaki, Bilwa, Vidanga, Saindhava, )</i>	Int.				<i>Pravahika, Gudabhra msha</i>	A.S.
263.	<i>Pathadikamghrita</i>	Int.				<i>Atisara,Pra vahika</i>	A.S.
264.	<i>Pippalyadighrita</i>	Int.				<i>Shvasa ,Kasa</i>	C.S.
265.	<i>Rasnadi ghrita</i>	Int.				<i>Sarvarogah ara</i>	A.S., A.H.
266.	<i>Saraswata Ghrita</i>	Int.				<i>Medhya</i>	A.S.
267.	<i>Saraswata Ghrita</i>	Int.				<i>Gadagadat a, Mukta, Jadta</i>	BP
268.	<i>Sunishankachangeri Ghrita</i>	Int.				<i>Arsha</i>	C.S., A.S.,A. H.
269.	<i>Talishadighrita (Talisha, Patha, Kinahi, Vella, Mansi, Nisha, Abhaya)</i>	Ext.				<i>Kaphaja timira</i>	A.S.
270.	<i>Tiktaka Ghrita</i>	Int.				<i>Kustha</i>	A.H.

271.	<i>Tritya Pippalyadi Ghrita</i>	Int.	<i>Grahanivikar, Arsha</i>	C.S.	285.	<i>Kutaja Avaleha</i>	Int.	<i>Arsha</i>	Sh. S.
272.	<i>Tryushanadi Ghrita</i>	Int.	<i>Hruda roga</i>	A.S.	286.	<i>Kutajashtaka Avaleha</i>	Int.	<i>Sarva-Atisara, Grahani</i>	H.S. , BP. S.
273.	<i>Vachadi Ghrita</i> ( <i>Vacha, Kantakari, Bruhati, Patha, Katuki, Ativisha, Musta, Madhuragana</i> )	Int.	<i>Dantotpati</i>	A.S., A.H.	287.	<i>Kutajashtakadhya Avaleha</i>	Int.	<i>Atisara</i>	Sh. S.
274.	<i>Vidangadi Ghrita</i> ( <i>Vidanga, Sauvarchala, Chavya, Patha, Vyosha, Agni, Sindhu, Yavashuka</i> )	Int.	<i>Jirna kaphaja jwara</i>	A.H.	288.	<i>Leha</i>	Int.	<i>Gulma, Aruchi</i>	Su.S
275.	<i>Vyoshadhi Ghrita</i>	Int.	<i>Mruttikabh akshan janita Pandu</i>	C.S.,A. S., A.H.	289.	<i>Mahabhallatak Avaleha</i>	Int.	<i>Shvitra, Udumbar, Dadru, Pundrika, Charmadal a</i>	BP. S.
276.	<i>Yavanakadi Ghrita</i>	Int.	<i>Shotha, Arsha, Gulma, Meha</i>	A.S., A.H.	290.	<i>Murvadi Leha (Murva, Vyosha, Triphala, Kola, Jambu, Devadaru, Sarsapa, Patha)</i>	Int.	<i>Stanya dushti</i>	A.S., A.H., K.S.
<b>Leha</b>					291.	<i>Panchanimbaka Avaleha</i>	Int.	<i>Vicharchika Oudumbar, Pundrika, Kapala, Dadru, Kitibha</i>	BP. S.
277.	<i>Agastya Avaleha</i>	Int.	<i>Kasa</i>	Su.S	292.	<i>Triphaladi Leha (Triphala, Pippali, Patha, Sariva, Bruhatidwaya, Maricha, Padmaka, Musta, Usheera)</i>	Int.	<i>Sarva Kasa</i>	A.S.
278.	<i>Avaleha (Madanphala, Aragwadha, Vrukshaka, Swadukantaka, Patha, Patala, Sharengsta, Murva, Saptaparna, Naktamala, Pichumarda, Patola, Sushvi, Guduchi, Somvalka, Dvipika, Pippali, Pippalimoola, Hastipippali, Chitraka, Shrungvera)</i>	Int.	<i>Vamana yoga</i>	C.S.	<b>Asava</b>				
279.	<i>Ayorajiyam Leha</i>	Int.	<i>Rasayana</i>	Bh.S.	293.	<i>Lodhrasava</i>	Int.	<i>Prameha</i>	A.S.,A. H.
280.	<i>Dashamoola Guda</i>	Int.	<i>Arsha, Gulma, Pleeha, Kushtha, Meha</i>	A.H.	294.	<i>Pathadhya Asava</i>	Int.	<i>Hikka, Shvasa</i>	C.S.
281.	<i>Dashmoola Haritaki</i>	Int.	<i>Kasa</i>	A.H.	295.	<i>Pippalyadhyasava</i>	Int.	<i>Kshaya</i>	Sh. S.
282.	<i>Jivantyadi Leha</i>	Int.	<i>Pancha Kasa</i>	C.S.	296.	<i>Priyangavadiasava</i> ( <i>Priyangu, Ananatmoola, Yuthika, Padma, Trayanti, Manjishta, Patha, Dadima, Shalaparni, Padmatunga, Kesara, Dhataki, Bakula, Shalmali, Shriveshaka, Mocharasa</i> )	Int.	<i>Prameha</i>	Su.S
283.	<i>Kalyana Guda</i>	Int.	<i>Kasa</i>	Su.S					
284.	<i>Kalyana Guda</i>	Int.	<i>Grahanai</i>	B.P.S.					

297.	<i>Sharengesthadi Asava</i> ( <i>Sharengestha</i> , <i>Maruva, Patha</i> , <i>Naktamala, Vatsaka</i> , <i>Nimba, Aragwadha</i> , <i>Usheera</i> )	Int.	<i>Sutika</i>	K.S.
298.	<i>Useerasava</i>	Int.	<i>Rakta pitta</i>	Sh. S.
<b>Arishta</b>				
299.	<i>Amlakarishta</i>	Int.	<i>Arsha</i>	A.S.
300.	<i>Duralabharishta</i>	Int.	<i>Arsha</i>	A.S., A.H.
301.	<i>Dwittya Phalarishta</i>	Int.	<i>Arsha</i> , <i>Grahani</i> , <i>Udavarta</i> , etc.	C.S.
302.	<i>Gandirarishta</i>	Int.	<i>Panduroga</i>	A.S.
303.	<i>Kanakarishta</i>	Int.	<i>Arsha</i>	C.S.
304.	<i>Phalarishta</i>	Int.	<i>Grahani</i> , <i>Arsha</i>	C.S.
305.	<i>Vidangarishta</i>	Int.	<i>Vidradhi</i>	Sh. S.
<b>Peya</b>				
306.	<i>Panchakoladhy Peaya</i> ( <i>Panchakola, Abhaya</i> , <i>Dhanya, Patha, Shati</i> , <i>Bijapura, Pravala</i> )	Int.	<i>Shleshma</i> <i>Grahani</i>	A.H.
307.	<i>Pathadi Peaya</i> ( <i>Patha</i> , <i>Panchakola</i> )	Ext.	<i>Shotha</i>	A.H.
308.	<i>Pathadi Peaya</i> ( <i>Patha</i> , <i>Shunthi, Shati, Murva</i> , <i>Gavakshi, Musta</i> , <i>Pippali, Hingu</i> , <i>Saindhva</i> )	Int.	<i>Vata-kaphaj</i> <i>Kasa</i>	C.S.
309.	<i>Peaya</i>	Int.	<i>Atisara</i>	Su.S
310.	<i>Peaya</i> ( <i>Pippali</i> , <i>Pippalimoola</i> , <i>Chitraka, Hastipippali</i> , <i>Shrungrvera, Ajaji</i> , <i>karvi, Dhanyak</i> , <i>Tumburu, Bilva</i> , <i>Karkat, Patha</i> )	Int.	<i>Arsha</i>	C.S.,A. H.
<b>Yavagu</b>				
311.	<i>Laghupanchamooladi</i> <i>Yavagu</i> ( <i>Laghupanchamoola</i> , <i>Panchakola</i> , <i>Hastipippali, Bala</i> ,	Int.	<i>Atisara</i>	A.S.

	<i>Bilwa, Patha, Hingu</i> , <i>Dhanyaka, Jiraka</i> , <i>Shathi</i> , <i>Gandhapalasha</i> , <i>Hapusha, Yavani</i> , <i>Tintidaka, Dadima</i> , <i>Vida, Saindhva</i> )			
312.	<i>Yavagu</i> ( <i>Koshataki</i> , <i>Agni, Patha</i> , <i>Suryavalli, Amruta</i> , <i>Abhaya, Shirisha</i> , <i>Kinahi, Haridra</i> , <i>Daruharidra</i> , <i>Punarnava, Harenu</i> , <i>Trikatu, Sariva</i> , <i>Bala</i> )	Int.	<i>Dwaya</i> <i>Visha</i>	Su.S, A.H.
<b>Kshirapaka</b>				
313.	<i>Pathadi Kshirapaka</i> ( <i>Patha, Amruta</i> , <i>Somavlakal, Saha</i> , <i>Atisaha</i> )	Int.	<i>Visha</i>	K.S.
<b>Gutika</b>				
314.	<i>Ankota Vataka</i>	Int.	<i>Sannipata</i> <i>Atisara</i>	BP. S.
315.	<i>Bhallatakadi Vati</i> ( <i>Bhallatak</i> , <i>Shakrayava, Patha</i> , <i>Katuki, Yavani, Ajaji</i> , <i>Chitraka, Ativisha</i> , <i>Vacha, Shati</i> , <i>Pushkarmoola, Hingu</i> , <i>Haritaki, Sauvarchala</i> , <i>Shrungrvera</i> )	Int.	<i>Aamatisara</i> <i>Kaphatisara</i>	Bh.S.
316.	<i>Dashamuladikshara</i> <i>Gutika</i>	Int.	<i>Grahani</i>	A.S.
317.	<i>Gokshuradi Churna</i> <i>Gutika</i>	Int.	<i>Sarva prameha</i> , <i>Shotha</i> , <i>Arsha roga</i> , <i>Pandu</i> , <i>Halimaka</i>	BP. S.
318.	<i>Hingvadichurna-Gutika</i>	Int.	<i>Kaphaja</i> <i>Gulma</i>	C.S.,A. H., BP. S., K.S., Sh. S.
319.	<i>Khadiradi Vati</i>	Int.	<i>Mukharoga</i>	A.S.

320.	<i>Kshara Gutika</i>	Int.	<i>Grahani</i>	C.S.	333.	<i>Dashanga Agada</i>	Int.	<i>Visha</i>	A.H.
321.	<i>Mahayogaraja Guggulu</i>	Int.	<i>Arsha, Grahani, Pleeha, Gulma, Udara, Vatavyadhi</i>	BP. S.	334.	<i>Karviradi Agada</i>	Int. & Ext.	<i>Visha</i>	A.H.
322.	<i>Trikatukadhy Modaka</i>	Int.	<i>Prameha</i>	BP. S.	335.	<i>Ksharagada</i>	Int.	<i>Gulma</i>	A.S.
323.	<i>Triphaladi Gutika</i>	Int.	<i>Kaphaja Shotha</i>	K.S.	336.	<i>Kushthadi Agada (Kushtha, Vakra, Vacha, Patha, Bilvamoola, Suvarchika, Gruhadhuma, Haridra, Daruharidra)</i>	Int.	<i>Visha</i>	Su.S
324.	<i>Varti (Barhishta, Kushtha, Devadaru, Shankha, Patha, Mala, Vyosha, Manshila)</i>	Int.	<i>Kaphaja Abhishyanda</i>	Su.S	337.	<i>Meshashrungyadi Agada (Meshashrungi, Vacha, Patha, Nichula, Rohini)</i>	Ext.	<i>Manduka Visha</i>	Su.S
325.	<i>Vruddhibadhika Vatika</i>	Int.	<i>Vruddhi</i>	BP. S.	338.	<i>Param Agad (Vacha, Vansha, Patha, Tagara, Tulsi, Bala, Atibala, Nakuli, Kushtha, Shirisha, Haridra, Daruharidra, Guha, Atiguha, Shweta, Ajagandha, Shilajatu, Katruna, Katahbi, Kshara, Gruhadhuma, Manashila)</i>	Int.	<i>Visha</i>	C.S.
326.	<i>Yavaksharadi Gutika (Yavakshara, Tejovati, Patha, Rasanjana, Darunisha, Pippali)</i>	Int.	<i>Sarva galaroga</i>	BP. S.	339.	<i>Rushabha Agada</i>	Int.	<i>Sarpa Visha</i>	Su.S.
327.	<i>Yogaraja Guggulu</i>	Int.	<i>Vatavyadhi, Aamvata</i>	Sh. S.	<b>Patra dana</b>				
<b>Lepa</b>					340.	<i>Patra Dana</i>	Ext.	<i>Kaphaja vrana</i>	Su.S.
328.	<i>Anjandi Lepa</i>	Ext.	<i>Stanya dushti</i>	C.S.	<b>Shaka</b>				
329.	<i>Lepa (Haridra, Ativisha, Musta, Triruta, Devadaru, Tamalapatra, Patha, Pattura)</i>	Ext.	<i>Upadamsa</i>	Su.S	341.	<i>Shaka</i>	Int.	<i>Atisara</i>	C.S., A.H.
330.	<i>Patha Lepa</i>	Ext.	<i>Vrana pidanartha</i>	Bh.S.	<b>Panaka</b>				
331.	<i>Pathadi Lepa (Patha, Ananata, Taksharya, Shaileya, Makshika)</i>	Int.	<i>Karna roga</i>	A.S.	342.	<i>Shaliparnyadi Panak (Panchamoola, Balaka, Bilva, Patha, Nagar, Dhanyaka)</i>	Int.	<i>Sarva Atisara</i>	H.S.
332.	<i>Pathadi Lepa (Patha, Vidanga, Magdhi, Suradaru, Chitra, Chakramarda, Haridradwaya, Samanga, Kushtha, Vacha, Madhuka, Saindhava)</i>	Int.	<i>Kandu, Kustha, Vich archika</i>	H.S.	<b>Dosage forms</b>				
<b>Agada</b>					The drug is being used in 18 different dosage forms. Maximum number of formulations were administered in <i>Kwatha</i> form (113), followed by <i>Churna</i> (88), <i>Ghrita</i> (45), <i>Taila</i> (17), <i>Leha</i> (16) etc. (Table 3) Maximum use				

of *Kwatha* form suggests more water soluble constituents than other forms.<sup>[17]</sup>

**Table 3: List of various dosage forms with their number of repetition.**

SN	Dosage form	Numbers of formulations
1.	<i>Kwatha</i>	113
2.	<i>Churna</i>	88
3.	<i>Ghruta</i>	45
4.	<i>Taila</i>	17
5.	<i>Leha</i>	16
6.	<i>Gutika</i>	14
7.	<i>Kalka</i>	10
8.	<i>Agada</i>	07
9.	<i>Arishta</i>	07
10.	<i>Asava</i>	06
11.	<i>Lepa</i>	05
12.	<i>Peyā</i>	05
13.	<i>Swarasa</i>	03
14.	<i>Yavagu</i>	02
15.	<i>Kshirapaka</i>	01
16.	<i>Panaka</i>	01
17.	<i>Patradana</i>	01
18.	<i>Shaka</i>	01

#### Disease wise indications

It is observed that, maximum number of formulations are used in *Atisara* (Diarrhoea) (55), followed by *Arsha* (Hemarroids) (30), *Jwara* (Pyrexia) (24), *Grahani* (Malabsorption syndrome) (22), *Prameha* (Urinary disorders) (20), *Kustha* (Diseases of skin) (17) etc. *Patha* is prescribed in 94 different conditions in 9 different classical texts.

**Table 4: Disease conditions and number of formulations prescribed**

SN	Disease conditions	Number of formulations
1.	<i>Atisara</i> (Diarrhoea)	55
2.	<i>Arsha</i> (Haemorrhoids)	30
3.	<i>Jwara</i> (Fever)	25
4.	<i>Grahani</i> (Malabsorption syndrome)	22
5.	<i>Prameha</i> (Urinary disorders)	20
6.	<i>Sarva kustha</i> (Diseases of skin)	19
7.	<i>Kasa</i> (Cough)	17
8.	<i>Gulma</i> (Abdominal lump)	16
9.	<i>Mukha Roga (Kaphaja)</i> (Disease of mouth)	13
10.	<i>Shotha</i> (Inflammation)	11
11.	<i>Visha</i> (Poison)	10
12.	<i>Kshiravikara</i> (Disorders of breast milk)	09
13.	<i>Pravahika</i> (Dysentery)	06
14.	<i>Urustambha</i> (Stiffness in thigh muscles)	06
15.	<i>Shvasa</i> (Dyspnoea/Asthma)	06
16.	<i>Apasmara</i> (Epilepsy)	06
17.	<i>Pandu</i> (Anaemia)	06
18.	<i>Vatavyadhi</i> (Disease due to Vata dosha)	06
19.	<i>Aruchi</i> (Tastelessness)	05
20.	<i>Kaphaja Roga</i> (Disease due to Kapha dosha)	05
21.	<i>Kantharoga</i> (Disease of throat)	05
22.	<i>Madhumeha</i> (Diabetes mellitus)	04
23.	<i>Yakrutapleehadi</i> (Disorder of Spleen and Liver)	04
24.	<i>Daha</i> (Burning sensation)	03
25.	<i>Visarpa</i> (Erysipelas)	03
26.	<i>Kandu</i> (Itching)	03
27.	<i>Rasayana</i>	03

28.	<i>Shosha</i> (Cachexia), <i>Kshaya</i> (Pthisis)	03
29.	<i>Udara Roga</i> (Ascites)	03
30.	<i>Talugata Roga</i> (disease of the palate)	03
31.	<i>Pittaja Roga</i> (Disease due to Pitta Dosha)	03
32.	<i>Vishamajwara</i> (Intermittent fever)	02
33.	<i>Kamla</i> (Jaundice)	02
34.	<i>Ashmari</i> (Calculus)	02
35.	<i>Pratisyaya</i> (Dysentery)	02
36.	<i>Doshapachanartha-garbhavyapat</i>	02
37.	<i>Santarpanotha Vyadhi</i>	02
38.	<i>Vrana (dhavanartha- pidanartha)</i> (Ulcer)	02
39.	<i>Sutika</i> (Post Partum disease)	02
40.	<i>Chardi</i> (Emesis)	02
41.	<i>Shoola</i> (Colicky Pain)	02
42.	<i>Ama</i> (Products of impaired digestion and metabolism)	02
43.	<i>Vatarakta</i> (Gout)	02
44.	<i>Unmada</i> (Mania/Psychosis)	02
45.	<i>Amavata</i> (Rheumatism)	02
46.	<i>Gudaja roga</i> (Anorectal disease), <i>Gudabhransa</i> (Prolapse of the rectum)	02
47.	<i>Kaphaja timira</i> (early stage of Catract)	02
48.	<i>Udavarta</i> (Condition in which there is upward movement of vayu)	02
49.	<i>Hrudaroga</i> (Heart disease)	02
50.	<i>Bhagandara</i> (Fistula-in-ano)	02
51.	<i>Anaha</i> (Distension of abdomen due to obstruction to passage of urine and stools)	02
52.	<i>Raktapitta</i> (Bleeding disorder)	02

53.	<i>Mutrakrucha</i> (Dysuria)	02
54.	<i>Trushana</i> (Thirst)	01
55.	<i>Atopa</i> (Gurgling found in abdomen with pain)	01
56.	<i>Hikka</i> (Hiccup)	01
57.	<i>Hrullasa</i> (Nausea)	01
58.	<i>Mutraghata</i> (Urinary obstruction)	01
59.	<i>Granthibhuta artava</i>	01
60.	<i>Yonidosha</i> (Disorder of female genital tract)	01
61.	<i>Mudhagarbha</i> (Malpresentation of the foetus)	01
62.	<i>Kshiralsaka</i>	01
63.	<i>Pittajanya masurika, Sarva masurika</i> (Chicken pox)	01
64.	<i>Krimi</i> (Worm infestation)	01
65.	<i>Amlapitta</i> (Dyspepsia)	01
66.	<i>Dushaprajata</i>	01
67.	<i>Moha</i> (Delusion)	01
68.	<i>Ajirna</i> (Dyspepsia)	01
69.	<i>Asthila</i> (Prostatic Hyperplasia)	01
70.	<i>Prameha pidika</i> (Diabetic carbuncle)	01
71.	<i>Mukhamandika</i>	01
72.	<i>Kaphaja Aostha roga</i> (diseases of the lips)	01
73.	<i>Agnimandhya</i> (Digestive impairment)	01
74.	<i>Sukhandi</i>	01
75.	<i>Amasayagat Vata, Kosthavata</i> (Increased Vata localised and acting in the stomach, intestines)	01
76.	<i>Danta raktastrava-kandu-Ruja, Shitada</i> (Dental disease)	01
77.	<i>Vataj Atisara Garbhini</i> (Diarrhoea)	01
78.	<i>Mudhavata</i> (Obstructed movement)	01

	of Vata dosha)	
79.	Ajagalika (Seborrhoea)	01
80.	Kukkunaka (Ophthalmia neonatorum)	01
81.	Arunshika (Ulcers of the scalp)	01
82.	Gandamala (Cervical lymphadenitis)	01
83.	Arbuda tumor (tumor)	01
84.	Granthi (Cyst)	01
85.	Medhya (Brain tonic/nootropic)	01
86.	Gadagadata (Stammering), Mukta(Aphasia), Jada	01
87.	Dantotpati	01
88.	Vidradhi (Abscess)	01
89.	Kaphaja Abhishyanda (Conjunctivitis)	01
90.	Vruddhi (Inguino-scrotal swellings)	01
91.	Sarva galaroga (Diseases of throat)	01
92.	Upadamsa (Syphilis/Soft chancre)	01
93.	Karna roga (Disease of ear)	01
94.	Halimaka (Chronic obstructive Jaundice/Chlorosis/Advanced stage of Jaundice)	01

## CONCLUSION

*Patha* botanically identified as *C.pariera* is a climber found in tropical and subtropical parts of India. The plant is indicated for various disease conditions like *Jwara* (Fever), *Shoola* (Pain), *Atisara* (Diarrhoea), *Arsha* (Haemorrhoids), *Grahani* (Malabsorption syndrome), *Shotha* (inflammation), *Visha* (Poison) etc. It is used as an ingredient of about 342 classical formulations prescribed in 94 disease conditions, in 18 different dosage forms. Among them 298 formulations are used internally and 40 are used externally. Maximum numbers of formulations are used in *Kwatha* (Decoction), *Churna* (Powder) and *Ghrita* (Medicated ghee) forms. The review made from various perspectives clearly indicates that *Patha*

can be considered as an important drug in the armamentarium of practicing Ayurvedic physician. The drug is already proven for its Anti-pyretic, Anti-inflammatory, Antioxidant, Antifertility, Chemopreventive, Anti-haemorrhagic, Antinociceptive and Antiarthritic, Cardioprotective, Anti-diarrhoeal, Hepatoprotective etc. activities. Scientific validation should be carried out on the classical claims to highlight the acceptance of the drug in modern paralance.

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