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Critical review of *Swetha Chandana (Santalum album L.)* in *Nighantus* and *Caraka Samhita*

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ABSTRACT

Chandana also known as Indian sandalwood, scientifically known as *Santalum album* Linn, is a medium sized tree belongs to the family Santalaceae. It is one of the oldest and most valuable sources of natural smell and has significant medical and commercial value. *Chandana* is used as a single drug and ingredient of numerous formulations for the betterment of lifestyle and treatment. Although, numerous studies regarding *Chandana* there still lies scope for evaluation and analysis on this topic.

Key words: *Chandana, Santalum album, sandalwood*

INTRODUCTION

Ayurveda is the science of life deals with fundamental concept of nature various components are present on this earth in the form of plants, animals, minerals etc among them *Chandana* is one of the drugs which is described in Ayurveda in various contexts which is useful in many diseases. *Chandana* is botanically identified as *Santalum album* Linn. Belongs to family Santalaceae. The Indian sandalwood commonly called *Chandana* in Ayurveda and has been in use for ages in

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India. It is considered as sacred part of Hindu customs. It is mentioned in Indian literature as old as Milinda Pahna 2000 B.C. Koutilya described a variety of sandal wood in his Artha shastra 200 BC, sandal wood is also mentioned in the Epic Ramayana and Mahabharata.^[12] In Ayurveda, Sandalwood is a much loved fragrance across the world, often evoking soft breezes, restful spaces and a sense of peace and calm, its commonly used in aromatherapy and meditation practice around the world. Sandalwood is used oil extracted from the heartwood of sandalwood by steam distillation and powder is used both internally and externally. As medicine, sandalwood is regarded as coolant, sedative, astringent, disinfectant in genitourinary and bronchial tracts, diuretic, expectorant and stimulant. The wood, root, bark and leaves of the plant used for the treatment of the liver disease like jaundice by the tribal healers. Owing to numerous chemical constituents which are categorized into terpenes, tannins, resins and waxes of them the major chemical constituents include alpha-santalol and beta-santalol along with other chemical constituents possessing pharmacological actions like hepatoprotective activity,

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antiviral activity, anti-ulcer activity, anti-bacterial activity etc. being an important plant in *Ayurveda*, extensive study regarding *Chandana* is needed.

AIM AND OBJECTIVES

The study is aimed at literature review of different texts of *Ayurveda* to gather information available regarding *Chandana*. The objective of this study is to describe the Synonyms, *Rasapanchaka*, and *Vargas* according to different *Acharyas* as well as references of *Chandana* in *Bruhatrayi*.

Scientific Name: *Santalum album* Linn.

Family: Santalaceae

Vernacular Names^[1]

English - white sandalwood tree

Hindi - Safed *Chandana*

Telugu - Tella candanam

Kannada - Srigandha

Malayalam - Candanam

Taxonomical Classification^[1]

Kingdom : Plantae

Class : Dicotyledons

Sub class : Monochlamydae

Series : Achlamydosporeae

Family : Santalaceae

Genus : *Santalum*

Species : *album*



Distribution^[1]: In the dry regions of India, especially in Karnataka, Tamil nadu and Kerala ascending upto 1200m.

Botanical Description^[2]

A medium sized evergreen tree, semi parasitic, glabrous tree with slender drooping branches, raising upto 18m in height.

Bark: Dark grey or brownish black, rough with short vertical cracks.

Leaves: Simple, opposite, elliptic-lanceolate, entire, glabrous.

Flowers: Brownish purple, violet in terminal and axillary paniculate cyme.

Fruit: Globose drupes, purple black with ribbed endocarp.

Seeds: Hard, globose or obovoid.

Heartwood: light yellowish brown when fresh, turning black to dark reddish brown on exposure.

Chemical Constituents [12]: More than hundred constituents of sandalwood oil in categories of tannins, terpenes, resins and waxes have been reported. Major constituents of commercially available sandalwood oil are sesquiterpene alcohols like alpha and beta santalols, bergamotals and several of their stereoisomers, whereas minor constituents include lanceol, nuciferol, bisabolol and the sesquiterpenes hydrocarbons such as alpha and beta santalenes,

bergamotenes and alpha, beta and gamma curcumenes, beta-bisabolene and phenyl propanoids.

Basonym^[10]

चन्दनम् - चन्दति आल्हादयतीति, 'चटि आहादे' | (जो मन एवं शरीर को आल्हाद प्रदान करता है) Bh.Pr.Ni.

Chandana gives pleasure because of its aroma and cooling effect.

Table 1: Synonyms of *Chandana* as per different Nighantus

SN	Synonyms	K.N ^[3]	D.N ^[5]	M.N ^[6]	R.N ^[7]	BP.N ^[10]	S.N ^[8]	P.N ^[11]
1.	<i>Bhadrashreya</i>	+	+	+				
2.	<i>Malayaja</i>	+	+	+	+	+		+
3.	<i>Sheersha Chandana</i>	+						
4.	<i>Shishira</i>	+						
5.	<i>Swetacandana</i>	+	+	+	+		+	
6.	<i>Hima</i>	+						
7.	<i>Swetasresta</i>	+						
8.	<i>Gandhasara</i>	+	+	+	+	+	+	+
9.	<i>Maharha</i>	+	+	+	+			
10.	<i>Tilaparna</i>	+	+	+	+	+		
11.	<i>Gosheersha</i>		+	+	+			
12.	<i>Srikhanda</i>	+			+	+		+
13.	<i>Chandradhuti</i>					+		
14.	<i>Bhadrashri</i>				+	+		
15.	<i>Malayodbhavam</i>				+			
16.	<i>Bhogivallabha</i>				+			
17.	<i>Mangalyam</i>				+			
18.	<i>Gandharjam</i>				+			

19.	<i>Sarpavasam</i>				+			
20.	<i>Gandhadhyam</i>				+			
21.	<i>Sitagandha</i>				+			
22.	<i>Paavanam</i>				+			
23.	<i>Chandraka</i>						+	
24.	<i>Chandrakanta</i>						+	
25.	<i>Vikata</i>						+	
26.	<i>Rohanadruma</i>						+	
27.	<i>Malaya</i>	+						
28.	<i>Sughanda</i>				+			
29.	<i>Sitamal</i>				+			
30.	<i>Sripriya</i>						+	
31.	<i>Sarpapriya</i>						+	
32.	<i>Rajayogya</i>						+	
33.	<i>Sheetala</i>						+	
34.	<i>Shiva</i>						+	

Table 2: Rasapanchaka of Chandana from various Nighantus

Rasapanchaka		Texts						
		KN ^[4]	DN ^[5]	MN ^[6]	RN ^[7]	BPN ^[10]	SN ^[9]	PN ^[11]
<i>Rasa</i>	<i>Madhura</i>	+	+		+	+	+	
	<i>Amla</i>							
	<i>Lavana</i>							
	<i>Katu</i>				+			
	<i>Tikta</i>	+	+	+	+	+	+	+
	<i>Kashaya</i>				+			
<i>Guna</i>	<i>Laghu</i>			+		+		+

	Ruksha		+	+		+	+	
	Guru	+	+				+	
	Sita		+	+	+		+	+
	Sukshma	+						
Virya	Sita		+			+		
Vipaka	Katu			+				

Table 3: Karma of Chandana according to various Nighantus

Nighantu	Karma
Kaiyadeva Nighantu^[4]	Trushnahara, Dahahara, Raktapittahara, Klamahara, Shoshahara.
Dhanwantari Nighantu^[5]	Raktaprasadana, Vajikarana, Raktapittahara, Krimihara, Trushnahara, Pittahara, Antardahahara, Vishagna, Dahahara, Hrudya.
Madanapala Nighantu^[6]	Kaphapittahara, Anandhakaraka, Hrudya, Halaka, Varnya, Vishaghna, Raktadoshahara, Dahahara.
Raja Nighantu^[7]	Pittahara, Brantihara, Jwarahara, Santapa shanti, Vrsyam, Vaktrarujapaham, Kantivardhaka, Krimihara, Vamihara, Trishnahara.
Bhavaprakasha Nighantu^[10]	Pittakaphahara, Ahaladha karaka, Sharmahara, Shoshahara, Raktadoshahara, Dahahara
Shodala Nighantu^[9]	Pittahara, Raktadoshahara, Vishahara, Dahahara, Varnya, Trushnahara, klamahara.
Priya Nighantu^[11]	Kaphapittashamaka, Ahladak, Raktapittahara, Trushnahara, Dahahara.

Part Used^[1]: Saara (Heart wood)**Dose^[1]:** Decoction: 50-100 ml*Churna:* 3-6 grms*Taila:* 5-10 Drops**Table 4: Classical classification of Chandana from different texts**

SN	Texts	Varga/Gana
1.	Caraka Samhita	Varnya Kandughna Vishagnha Trushnanigrahana

		<i>Dahaprasamana</i> <i>Angamardaprasamana</i>
2.	<i>Sushruta Samhitha</i>	<i>Salasaradi gana, Patoladi gana, Sarivadi gana, Priyangwadi gana, Guduchyadi gana</i>
3.	<i>Astanga Hrudayam</i>	<i>Tikta gana Patoladi gana</i>
4.	<i>Astanga Sangraha</i>	<i>Patoladi and Guduchyadi gana</i>
5.	<i>Kaiyadeva Nighantu</i>	<i>Oushadivarga</i>
6.	<i>Madanaphala Nighantu</i>	<i>Karpuradi varga (Tritiyaka varga)</i>
7.	<i>Dhanvantari Nighantu</i>	<i>Chandanadi varga (Tritiyaka Varga)</i>
8.	<i>Bhavaprakasha Nighantu</i>	<i>Karpuradi varga (Dwitiya varga)</i>
9.	<i>Priya Nighantu</i>	<i>Haritakyadi varga</i>
10.	<i>Rajanighantu</i>	<i>Candanadi varga</i>
11.	<i>Shodala Nighantu</i>	<i>Candanadi varga</i>

Table 5: Classical references of *Chandana* in *Caraka Samhita*^[13-130]

SN	References	Name of the drug	Indications / Actions / Uses	Amyikaprayogas / Visisthayogas
1.	Ca.Su.3/23	<i>Chandana</i>	<i>Shiroruja</i>	<i>Nata, Utpala, Chandana, Kustha, mixed with Ghee and used as Pradeha.</i>
2.	Ca.Su.3/26	<i>Chandana</i>	<i>Daha (relieves burning sensation)</i>	<i>One of the drug used in preparation of Pradeha.</i>
3.	Ca.Su.3/29	<i>Chandana</i>	<i>Sariradourgandhahara</i>	<i>Patra, Ambu, Iodhra, Abhaya, and Chandana used for Pradeha.</i>
4.	Ca.Su.4/10	<i>Chandana</i>	<i>Varnya</i>	<i>Varnyani Dasemani</i>
5.	Ca.Su.4/11	<i>Chandana</i>	<i>Kandughna</i>	<i>Kandughnani Dasemani</i>
6.	Ca.Su.4/11	<i>Chandana</i>	<i>Vishaghna</i>	<i>Vishagnani Dasemani</i>
7.	Ca.Su.4/14	<i>Chandana</i>	<i>Trishna</i>	<i>Trishnanigrahana Dasemani</i>
8.	Ca.Su.4/17	<i>Chandana</i>	<i>Daha</i>	<i>Dahaprasamana Dasemani</i>

9.	Ca.Su.4/17	<i>Chandana</i>	<i>Angamardaprasamana</i>	<i>Angamardaprasamana Dasemani</i>
10.	Ca.Su.5/20	<i>Chandana</i>	<i>Kapharoga</i>	One of the drug used in preparation of <i>Dhumavarti</i>
11.	Ca.Su.5/63.	<i>Chandana</i>	<i>Tridosahara, Indriyabalapradam</i>	<i>Anu Tailam</i>
12.	Ca.Su.6/25.	<i>Chandana</i>	<i>Vasanta Ritucarya</i>	<i>Chandana</i> and <i>Agaru</i> used as external application.
13.	Ca.Su.6/30	<i>Chandana</i>	<i>Greeshmaritucarya</i>	External application
14.	Ca.Su.6/31	<i>Chandana</i>	<i>Greeshmaritucarya</i>	External application
15.	Ca.Vi.8/143	<i>Chandana</i>	<i>Kapha and Pitta Vikaras</i>	<i>Tiktaskanda</i>
16.	Ca.Ind.12/74	<i>Chandana</i>	While entering the patients house indicating good prognosis	If while entering on his way to the patients house the physician comes across the Sandal paste he can predict the recovery of the patient
17.	Ca.Ci.1-1/48	<i>Chandana</i>	<i>Dheergayu and Rasayana</i>	<i>Bramha Rasayana</i>
18.	Ca.Ci.1-1/59	<i>Chandana</i>	<i>Dheergayu and Rasayana</i>	<i>Bramha Rasayana</i>
19.	Ca.Ci.1-1/64	<i>Chandana</i>	<i>Rasayana, Kasa, Swasahara , Swarya, Kshaya, Hridroga, Vatarakta, Pippasa, defects of Mutra and shukra</i>	<i>Chywanprasha</i>
20.	Ca.Ci.1-2/12	<i>Chandana</i>	<i>Bhritsariram, Stiroindriyam, Swara, Vayasthapana, Balam.</i>	<i>Nagabala Rasayana</i>
21.	Ca.Ci.1-33	<i>Chandana</i>	<i>Rasayana, Srama, Jwara, Bhaya, Jaravyadhi Prasadnam</i>	<i>Amalakayasa Bramha Rasayanam</i>
22.	Ca.Ci.1-4/16.	<i>Chandana</i>	<i>Sarvaroga Prasamana, Vrushya, Ayushuttamam, Satwa, Smriti, Sarira, Agni, Buddhi, Indriya Balapradam, Paramojaskaram, Varnyam, Swara.</i>	<i>Indrokta Rasayanam</i>
23.	Ca.Ci.3/145	<i>Chandana</i>	<i>Pippasa and Jwara</i>	<i>Sadanga Paniya</i>
24.	Ca.Ci. 3/202	<i>Chandana</i>	<i>Vishama Jwara</i>	One of the drug used in the preparation of decoction along with

				<i>Kiratakitkta, Amrita, Vishwabhesaja.</i>
25.	Ca.Ci.3/219	<i>Chandana</i>	<i>Jwara, Ksaya, Kasa, Sirasula, Parswasula, Halimaka, Amsabhitapa, Visamagni.</i>	One of the drug used in preparation of medicated ghee.
26.	Ca.Ci.3/223	<i>Chandana</i>	<i>Jeernajwara</i> (Chronic fever)	One of the drug used in preparation of Ghee.
27.	Ca.Ci.3/247	<i>Chandana</i>	<i>Jwara, Balam, Sweda, Ruchipradam,</i>	One of the drug used for <i>Niruha Vasthi</i>
28.	Ca.Ci.3/258	<i>Bhadrashree</i>	<i>Dahajwara</i>	<i>Chandanadya Tailam</i>
29.	Ca.Ci.3/261	<i>Chandana</i>	<i>Dahajwara</i>	Sprinkling of cold water of <i>Chandana</i> in house to cooling effect.
30.	Ca.Ci.3/262.	<i>Chandana</i>	<i>Dahajwara</i>	The patient house can be cooled with by the cold water of sandalwood.
31.	Ca.Ci.3/263.	<i>Chandana</i>	<i>Dahajwara</i>	Sprinkling water of <i>Chandana</i>
32.	Ca.Ci. 3/265	<i>Chandana</i>	<i>Dahajwara</i>	Smeared with <i>Chandana</i> paste by ladies.
33.	Ca.Ci. 4/31	<i>Chandana</i>	<i>Pippasa in Raktapitta</i>	One of the drug used in preparation of <i>Sitasrita Annapanam</i> .
34.	Ca.Ci. 4/45	<i>Chandana</i>	<i>Raktapitta</i>	One of the drug used in <i>Yavagu</i> preparation.
35.	Ca.Ci. 4/73	<i>Chandana</i>	<i>Raktapitta, Tamaka, Pippasa, Daha.</i>	One of the drug used in preparation of <i>Yavagu</i> .
36.	Ca.Ci.4/76	<i>Chandana</i>	<i>Raktapitta</i>	One of the drug used in preparation of <i>Sitakashaya, Swarasa, Kalka</i> .
37.	Ca.Ci. 4/78	<i>Chandana</i>	Acute form of <i>Raktapitta</i>	<i>Kashaya</i> is prepared with <i>Mudga, Lajja, Yava, Krishna, Ushira, Mustha</i> and <i>Chandana</i> .
38.	Ca.Ci. 4/80	<i>Chandana</i>	<i>Raktapitta</i> with excess bleeding	One of the drug used in preparation of <i>Kashaya</i> .

39.	Ca.Ci.4/81	<i>Chandana</i>	<i>Raktanirnharapara</i> (stoppage of bleeding)	One of the drug used in preparation of <i>Kashaya</i>
40.	Ca.Ci.4/99	<i>Chandana</i>	<i>Nasagata Raktapitta</i> with <i>Dustapratishaya, Siro Vikara</i>	One of the drug used for <i>Nasyakarma</i> .
41.	Ca.Ci.4/102	<i>Bhadrasriya</i>	<i>Raktapitta</i>	One of the drug used by physician as <i>Pradeha, Pralepa, Secana, Avagaha, Grita, Taila</i> .
42.	Ca.Ci.4/108	<i>Chandana</i>	<i>Daha</i> in <i>Raktapitta</i>	The touch of <i>Priyangu</i> and <i>Chandana</i> .
43.	Ca.Ci.5/119	<i>Chandana</i>	<i>Gulma</i> with <i>Pitta</i> and <i>Rakta, Visarpa, Pittaja jwara, Hridroga</i> .	<i>Trayamanadya Ghrita</i> .
44.	Ca.Ci. 6/28	<i>Chandana</i>	<i>Kaphaja prameha</i>	Decoction prepared with <i>Suvaha, Kustha, Agaru</i> and <i>Chandana</i> .
45.	Ca.Ci.6/30	<i>Chandana</i>	<i>Pittaja prameha</i>	One the drug used in preparation of <i>Kashaya</i> .
46.	Ca.Ci. 6/39	<i>Chandana</i>	<i>Kaphapittaja Prameha</i> with secondary aggravated <i>Vayu, Pittaja Prameha</i> with Secondary Aggravated <i>Vayu</i> .	One of the drug used in preparation of <i>Medicated oil</i> .
47.	Ca.Ci 6/50	<i>Chandana</i>	<i>Prameha</i>	<i>Lepa</i> prepared with <i>Ushira, Twak, Agaru</i> and <i>Chandana</i> .
48.	Ca.Ci 7/130	<i>Chandana</i>	<i>Pittakaphaja Kustha</i>	One of the drug used in <i>Pralepa</i> .
49.	Ca.Ci.7/131	<i>Chandana</i>	<i>Pittaja Kustha</i>	One of the drug used in the preparation of decoction which is used for drinking and bathing.
50.	Ca.Ci.7/132	<i>Chandana</i>	<i>Pittaja Kustha</i>	One of the drug used in <i>Alepa</i> .
51.	Ca.Ci.7/133	<i>Chandana</i>	<i>Dahamana Kustha</i>	Oil boiled with <i>Candana, Madhuka, Utpala</i> etc. drugs are used for <i>Abhyanga</i> .
52.	Ca.Ci.7/141	<i>Chandana</i>	<i>Kustha, Jwara, Gulma, Arshas, Grahani, Pandu, Shotha, Pama, Visarpa, Unmada, Pidaka, Vatarakta</i> .	<i>Tiktashatpalaka Ghrutam</i> .

53.	Ca.Ci.7/145	<i>Chandana</i>	<i>Kustha, Rakta Pitta, Visarpa, Amlapitta, Vatarakta, Pandu, Vishoptaka, Pama, Unmada, Jwara, Kamala, Hrdroga, Gulma, Asrugdhara and Gandamala.</i>	<i>Mahatiktaka Ghrutam</i>
54.	Ca.Ci.8/77	<i>Chandana</i>	<i>Shirashula, Parswashoola, Amshashula.</i>	One of the drug used in <i>Alepa</i> .
55.	Ca.Ci.8/78	<i>Chandana</i>	<i>Shirashula, Parswashoola.</i>	One of the drug used in the preparation of <i>Pradeha</i> .
56.	Ca.Ci.8/83	<i>Chandana</i>	<i>Shirashula</i>	One of the drug used in the preparation of <i>Pradeha</i> .
57.	Ca.Ci.8/86	<i>Chandana</i>	<i>Parswashoola, Amshashoola</i>	Decoction of <i>Chandana</i> used as <i>Pariseka</i> .
58.	Ca.Ci.9/37	<i>Chandana</i>	<i>Apasmara, Jwara, Kasa, Shosha, Vatarakta, Pratishayaya, Triteeyaka, Chaturtaka and Vishama Jwara, Chardi, Arshas, Mutrakricchara, Visarpa, Pandu, Unmada, Visha, Meha, Pumsavana.</i>	<i>Kalyanaka Ghrutam</i>
59.	Ca.Ci.10/37	<i>Chandana</i>	<i>Apasmara</i>	One of the drug used in the preparation of <i>Pradeha, Dhoopana</i> .
60.	Ca.Ci.11/18	<i>Chandana</i>	<i>Kshataksheena</i>	<i>Ikshuvalika, Bisagranthi, Padma Keshara and Chandana taken with milk and honey for drinking.</i>
61.	Ca.Ci.12/53	<i>Chandana</i>	<i>Visarpa, Daha, Jwara, Tridoshahara, Trishna, Visha, Halimaka.</i>	<i>Patolamooladi Kashaya.</i>
62.	Ca.Ci.12/68	<i>Chandana</i>	<i>Pittaja Shotha</i>	One of the drug used in <i>Pradeha</i> .
63.	Ca.Ci.12/69	<i>Chandana</i>	<i>Pittaja Shotha</i>	<i>Chandana, Abhaya, Padmaka used for Snana</i>
64.	Ca.Ci.12/70	<i>Chandana</i>	<i>Kaphaja Shotha</i>	<i>Lepana with Chandana and Agaru.</i>
65.	Ca.Ci.14/186	<i>Chandana</i>	<i>Raktaja Arshas</i>	One of the drug used for preparation of <i>Kashaya</i> .

66.	Ca.Ci.14/193	<i>Chandana</i>	<i>Arshas</i>	Powder of <i>Chandana</i> , <i>Tila</i> given with goat milk.
67.	Ca.Ci.14./215	<i>Chandana</i>	Excessive bleeding, burning sensation, stickiness of anus.	For <i>Snana</i> , <i>Kashaya</i> is prepared with <i>Chandana</i> .
68.	Ca.Ci.14/221	<i>Chandana</i>	<i>Gudabhramsa</i> , <i>Daha</i> , stickiness of anus.	<i>Chandana</i> and <i>Rakta Chandana</i> used for rubbing.
69.	Ca.Ci.14/227	<i>Chandana</i>	<i>Pravahika</i> , <i>Gudabhramsa</i> , <i>Jwara</i>	<i>Piccha Basti</i>
70.	Ca.Ci.14/230	<i>Chandana</i>	<i>Arshas</i> , <i>Atisara</i> , <i>Grahani</i> , <i>Gudabhramsa</i> , <i>Mutrakricchara</i> , <i>Anaha</i> , <i>Jwara</i> , <i>Tridoshahara</i> .	<i>Hriveradi Ghrutam</i> .
71.	Ca.Ci.14/336	<i>Chandana</i>	<i>Gudabhramsa</i> , <i>Tridoshahara</i> , <i>Shotha</i> , <i>Gudashoola</i> , <i>Mudavata</i> , <i>Mandagni</i> , <i>Aruchi</i> , <i>Balavarnaagnivardhana</i> .	<i>Sunnisannaka Changeri Ghrutam</i> ,
72.	Ca.Ci.15/125	<i>Chandana</i>	<i>Pittaja grahani</i> .	<i>Candanadhya Ghrutam</i>
73.	Ca.Ci.15/137	<i>Chandana</i>	<i>Hridroga</i> , <i>Pandu</i> , <i>Grahani</i> , <i>Gulma</i> , <i>Shoola</i> , <i>Aruchi Jwara</i> , <i>Kamala</i> , <i>Mukha rogas</i> .	<i>Kiratadya Churnam</i>
74.	Ca.Ci.15/148	<i>Chandana</i>	<i>Grahani</i> , <i>Brimhana</i> , <i>Kaphapittahara</i> , <i>Shotha</i> , <i>Kustha</i> , <i>Kilasa</i> and <i>Prameha</i> .	<i>Madhukavasava</i>
75.	Ca.Ci.16/47	<i>Chandana</i>	<i>Raktapitta</i> , <i>Jwara</i> , <i>Daha</i> , <i>Swayathu</i> , <i>Bhagandara</i> , <i>Arshas</i> , <i>Asrugdhara</i> , <i>Vishpotaka</i>	<i>Katukadhyam Ghrutam</i>
76.	Ca.Ci.17/131	<i>Chandana</i>	<i>Hikka</i> , <i>Swasa</i>	<i>Lasuna</i> , <i>Palandu</i> , root of <i>Grinjanaka</i> , <i>Chandana</i> with breast milk of woman for inhalation.
77.	Ca.Ci.18/90	<i>Chandana</i>	<i>Pittaja Kasa</i>	<i>Sharkaradi Lepam</i>
78.	Ca.Ci.19/53	<i>Chandana</i>	<i>Pittaja Atisara</i>	Powder of <i>Chandana</i> , <i>Nagara</i> , <i>Lodhra</i> and <i>Utpala</i> with honey and rice water.
79.	Ca.Ci.20/32	<i>Chandana</i>	<i>Pittaja Chardi</i>	Paste of <i>Sweta Chandana</i> + juice of <i>Amalaki</i> + honey.

80.	Ca.Ci.20/33	<i>Chandana</i>	<i>Pittaja Chardi</i>	Paste of <i>Chandana</i> , <i>Chavya</i> , <i>Mamsi</i> , <i>Draksha</i> , <i>Gairika</i> along with cold water and honey.
81.	Ca.Ci.21/54	<i>Chandana</i>	<i>Visarpa</i>	Internal administration of Decoction of <i>Chandana</i> and <i>Utpala</i> .
82.	Ca.Ci.21/55	<i>Chandana</i>	<i>Visarpa</i>	One of the drug used in the preparation of <i>Kashaya</i> .
83.	Ca.Ci.21/74	<i>Chandana</i>	<i>Visarpa</i>	<i>Kaliyadi Pralepa</i>
84.	Ca.Ci.21/75	<i>Chandana</i>	<i>Visarpa</i>	<i>Sadvaladi Pradeha</i>
85.	Ca.Ci.21/76	<i>Chandana</i>	<i>Visarpa</i>	<i>Sarivadya Pralepa</i>
86.	Ca.Ci.21/79	<i>Chandana</i>	<i>Visarpa</i>	<i>Baladhyia Lepa</i>
87.	Ca.Ci.22/41	<i>Chandana</i>	<i>Pittaja Trishna</i>	Intake of water boiled with <i>Draksha</i> , <i>Chandana</i> , <i>Kharjura</i> and <i>Usira</i> with honey.
88.	Ca.Ci.23/56	<i>Chandana</i>	<i>Visha</i>	<i>Mruta Sanjeevana Agada</i>
89.	Ca.Ci.23/77	<i>Chandana</i>	<i>Pilla</i> , <i>Kandu</i> , <i>Timira</i> , <i>Ratriandhya</i> , <i>Kacca</i> , <i>Arbuda</i> , <i>Vishama Jwara</i> , <i>Dadru</i> , <i>Kandu</i> , <i>Pama</i> , <i>Atisara</i> , <i>Jangama Visha</i> , <i>Sthavara Visha</i>	<i>Mahagandhaasthi</i>
90.	Ca.Ci.23/98	<i>Chandana</i>	<i>Visha Upadrava</i>	One of the drug used for <i>Dhooma</i> .
91.	Ca.Ci.23/190	<i>Chandana</i>	Cures all types of <i>Shotha</i> and <i>Visha</i>	One of the drug used for <i>Paana</i> , <i>Nasya</i> , <i>Anjana</i> and <i>Lepa</i> .
92.	Ca.Ci.23/200	<i>Chandana</i>	<i>Luta Visha</i>	One of the drug used for <i>Lepana</i> .
93.	Ca.Ci.23/242	<i>Chandana</i>	<i>Visha</i> , <i>Apasmara</i> , <i>Kshaya</i> , <i>Unmada</i> , <i>Garavisha</i> , <i>Gulma</i> , <i>Pleeha Roga</i> , <i>Udara</i> , <i>Pandu</i> , <i>Krimi</i> , <i>Kamala</i> , <i>Urustambha</i> .	<i>Amrita Ghrutam</i>
94.	Ca.Ci.24/153	<i>Chandana</i>	<i>Pittaja Madatyaya</i>	Regimen for <i>Pittaja Madatyaya</i> - Contact of women smeared with sandal paste and of breez perfumed with the sandal scent.

95.	Ca.Ci.25/47	<i>Chandana</i>	<i>Shopha</i>	One of the drug used for <i>Pradeha</i> .
96.	Ca.Ci.25/88	<i>Chandana</i>	<i>Vrana</i>	One of the drug used in <i>Kashaya</i> preparation for <i>Vranaropana</i> .
97.	Ca.Ci.25/92	<i>Chandana</i>	<i>Vrana</i>	Oil cooked with paste of <i>Kampillaka</i> and <i>Chandana</i> .
98.	Ca.Ci.26/161	<i>Chandana</i>	<i>Vata & Pittaja Urdwajatru Gata Vikaras.</i>	<i>Baladhyta Tailam.</i>
99.	Ca.Ci.26/177	<i>Chandana</i>	<i>Pittaja Shirorogas</i>	One of the drug used in <i>Pradeha</i> and <i>Pariseka</i> .
100.	Ca.Ci.26/179	<i>Chandana</i>	<i>Pittaja Shirorogas</i>	Medicated ghee prepared with <i>Yastimadhu</i> , <i>Chandana</i> , <i>Anantha</i> and milk used for <i>Navana Nasya</i> .
101.	Ca.Ci.26/182	<i>Chandana</i>	<i>Kaphaja Shiroroga</i>	One of the drug used for preparation of <i>Dhoomavarthi</i> .
102.	Ca.Ci.26/208	<i>Chandana</i>	<i>Krimidanta, Chaladanta, Bramsa Danta, Mukha Paka, Mukha Dourgandhya, Swarya, Galashosha</i>	<i>Khadiradi Gutika</i> and <i>Khadiradi Taila</i> .
103.	Ca.Ci.26/216	<i>Chandana</i>	<i>Pittaja Aruchi</i>	One of the drug used for <i>Kavalagraha</i> .
104.	Ca.Ci.26/234	<i>Chandana</i>	<i>Pittaja Netraroga</i>	One of the drug used in preparation of <i>Bidalaka</i> .
105.	Ca.Ci.27/30	<i>Chandana</i>	<i>Urustambha</i>	<i>Shrivestakari Yogam</i>
106.	Ca.Ci.28/150	<i>Chandana</i>	<i>Vatarogas, Tamaka Swasa, Jwara, Hikka, Chardi, Gulma, Kshaya, Pleeha Roga, Apasmara</i>	<i>Bala Tailam</i>
107.	Ca.Ci.28/158	<i>Chandana</i>	<i>Vatarogas, Vatika Rogas, Kshira Virya Agni Balapradam, Apasmara, Unmada.</i>	<i>Amruta Tailam</i>
108.	Ca.Ci.29/92	<i>Chandana</i>	<i>Vatarakta, Sanga Shula, Daha, Shoola, Jwara, Balya And Varnya.</i>	<i>Madhuparnyadi Tailam</i>

109.	Ca.Ci.29/106	<i>Chandana</i>	<i>Vatarakta, Kshataksheena, Bhagna, Pakshaghata, Yoni Roga, Apasmara</i>	<i>Amrutadhyा Tailam</i>
110.	Ca.Ci.29/110	<i>Chandana</i>	<i>Vatarakta, Jwara</i>	<i>Mahapadma Tailam</i>
111.	Ca.Ci.29/114	<i>Chandana</i>	<i>Vatarakta, Daha</i>	<i>Khuddaka Padmaka Tailam</i>
112.	Ca.Ci.29/128	<i>Chandana</i>	<i>Daha</i>	Affusion or Touch of cold water soaked with <i>Chandana</i> .
113.	Ca.Si.3/47	<i>Chandana</i>	<i>Pittaja Rogas</i>	One of the ingredient used in preparation of <i>Niruha vasthi</i>
114.	Ca.Si.3/48	<i>Chandana</i>	<i>Daha, Atisara, pradara, Rakta pitta, Hridroga, Panduroga, vishamajwara, Gulma, Jwara, mutragraha, Kamala, and all Pittaja Vikaras</i>	One of the ingredient used in preparation of <i>Niruha vasthi</i>
115.	Ca.Si.3/53	<i>Chandana</i>	<i>Pittahara, burning sensation in chest, umbilicus, sides of chest, head, interior part of the body, Mutrakrucchra, Kshataksheena,</i>	One of the ingredient used in preparation of <i>Niruha vasthi</i>
116.	Ca.Si.6/49	<i>Chandana</i>	<i>Vamana Virechana Vyapaths (complications).</i>	<i>Mantha</i> (drinks) prepared from <i>Chandana</i>
117.	Ca.Si.10/22	<i>Chandana</i>	<i>Pittaja Vikara</i>	<i>Enema</i> prepared with <i>Chandana, Padmaka, Usira</i> and <i>Tunga</i> .
118.	Ca.Si.10/42	<i>Chandana</i>	<i>Raktapitta</i>	One of the ingredient used in preparation for enema
119.	Ca.Si.10/43	<i>Chandana</i>	<i>Raktapitta</i>	One of the ingredient used in preparation for enema

DISCUSSION

Santalum album is one of the pharmacologically valued tree species. The essential oil derived from its heartwood has much more commercial importance, and it is an active ingredient in various Ayurvedic formulations. *Chandana* is considered as most important and widely used *pitta hara* drug in Ayurveda. Most of the Acharyas mentioned *Chandana* has *Tikta*

and *Madhura Rasa* and *Sheeta Virya*. Only in *Raja Nighantu*, *Katu Rasa* and *Kashaya Rasa* is mentioned. *Dosha Karma* of *Chandana* is *Pittakaphahara* and other *Karmas* of *Chandana* include *Dahahara*, *Vishahara*, *Jwarahara*, *Raktapittahara*, *Trushnahara*, *Klamahara*, *Shramahara*, *Varnya*, *Antardahahara*, *Ahaladakara*, *Brantihara*, *Saumasyajanaka*, *Vrsyam*, *Hridyam*, *Krimighna*, and *Anandhakaraka*. Indications include *Daha*, *Jwara*, *Trushna*, *Klama*, *Shrama*, *Antardaha*,

Raktapitta, Branti, Hridrogas, and Visharogas. Out of these indications *Daha, Jwara, Trushna, Antardaha* are *Pittaja Nanatmajarogas*. In *Kaiyadeva Nighantu* the Acharya mentioned properties of *Chandana* in different states, *Chandana* is *Vata Shamaka* in *Suska Avasta*, it is *Pitta Shamaka* in *Ardra Avasta*, it is *Kapha Shamaka* in *Madayama Avasta (Ardra-Sushka Avastha)* and he also quoted properties of best quality *Chandana* that is bitter in taste, cold in potency, yellow in colour when rubbed and red in colour when chopped. The heartwood taken from the nodular part of *Chandana* tree which is heavy, red and on rubbing yields clear whitish yellow paste and which has pungent and bitter taste, cooling and very fragrant is considered as best quality *Chandana* according to *Raja Nighantu*. In *Shodala Nighantu* 8 types of *Chandana* are mentioned in which *Sripriya Chandana* is considered as *Sweta Chandana* and considered it as the best, all the 8 types of *Chandana* are similar in medicinal attributes such as *Rasa, Guna, Veerya, Vipaka* and *Karma* but there is difference only in *Ganda* and *Varna*, the properties of *Sripriya Chandana* or *Sweta Chandana* has *Prahladana*, and *Hrudya* properties and it posses *Gandha*, and *Sheeta* to higher extent. In *Caraka Samhitha*, *Chandana* is mentioned in various formulations such as *Anu taila, Brahma Rasayana, Chywanprash, Nagabala Rasayana, Amalakayasa Brahma Rasayana, Indrokta Rasayana, Shadanga Paniya, Trayamanadya Ghrutam, Tiktashatpalaka Ghrutam, Mahatiktaka Ghrutam, Kalyanaka Ghrutam, Patolamooladi Kashayam, Hriveradi Ghrutam, Sunisannaka Changeri Ghrutam, Candanadya Ghrutam, Kiratadya Churnam, Madhukasava, Katukadhya Ghrutam, Mruta Sanjeevani Agada, Amrita Ghritam, Baladhya Tailam, Khadiradi Gutika, Khadiradi Tailam, Shrivistayakari Yogam, Bala Tailam, Amruta Tailam, Madhuparnyadi Tailam, Amrutadhya Tailam, Mahapadma Tailam, Khuddaka Padma Tailam* in various diseases such as *Siroruja, Daha, Sharira daurgandya, Kandu, Raktapitta, Vatarakta, Vatika Rogas, Apasmara, Unmada, Jwara, Swasa, Kshaya, Pleeha Rogas, Apasmara, Urdwajatravata Rogas*, all types of *Shotha, Urustambha, Visarpa, Chardi, Atisara, Pandu, Kamala, Trishna, Krimi, Vrana, Madatyaya, Gudabramsa* etc. *Chandana* is mentioned

in 6 *Dasemanis* i.e., *Vishagna, Trishnanigrahana, Dahaprasamana, Angamarda prasamana, Kandugna, Varnyadi*. *Caraka* mentioned *Chandana* in *Tiktashatpalaka*. *Chandana* is used as an external application in *Vasanta Ritucharya* and *Greeshma Ritucharya*. In *Charaka Samhitha*, *Chandana* is indicated in *Alepa, Pralepa, Pradeha, Pariseka, Secana, Avagaha, Snana, Dhupana* and *Kashaya* preparations.

CONCLUSION

The extensive survey of literature revealed that *Chandana*, is an important medicinal plant with diverse pharmacological actions. Externally *Chandana* is most widely used drug in Ayurveda. Vast study done on the plant reveals that it is included in many *Ayurvedic* formulations which are *Rasayana, Kusthagna, Raktadoshahara, Vishagna, Pramehahara* etc. This plant has significant role in prevention and treatment of the disease. Further evaluation needs to be carried out in order to explore the concealed areas and their practical clinical applications, which can be used for the welfare of the mankind.

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